



JANUARY 2020



## Wow! Paparoa mountain bike track ready to ride!

A small group of locals has been working hard for the past few months forming this mountain bike track and now it is ready for action!

### WHERE IS IT?

You'll find the track just beyond the Sports Pavilion on part of Paparoa Showgrounds. Signs have been erected and the track is ready for use, though further improvements will be made in the New Year.

Thanks must go to the Paparoa Show Committee for allowing the use of this land, and to Ross Murphy, Les Schultz, Graham Marks and Stu Robertson who have given many back breaking hours to the task.



Owen Stevens forming the track

A special thanks to Owen Stevens for supply and use of his digger, without which the track would not have been completed to this stage.

The group hope the track will provide recreation and exercise for the young and the not so young.

An official opening will take place in the New Year. See you there!



Les Schultz test riding the track

## All lit up for Christmas



It's been a number of years since the tree on the Village Green was last festooned with lights for the festive season. Initiated by Progressive Paparoa Inc, this community project complements the great effort by householders and shop owners to decorate their premises. Have you seen the dazzling display on Cliff House and the Old Bank?

PPI would like to thank those who have made the tree lights possible. Council officers approved the trimming of the tree and arranged for Orangutan Arborists to carry out the work. At the same time they strung the solar powered lights provided by PPI.

The village looks much brighter with these efforts and hopefully future displays will be even more spectacular!

PP

## Don't miss 20th Fishing Contest

... January 11th - Tinopai School annual fundraiser

One of the biggest events, for one of the smallest schools, on the Kaipara Harbour.

### A GREAT FAMILY DAY OUT

Top prizes to be won (from the total prize pool of \$8,500) include 'Inner Harbour' and 'Outer Harbour' prizes for snapper, kahawai and gurnard. There's a games bundle for the 5-13 year old Kids Sprat Competition winner (thanks to Civiltrain), loads of spot prizes and the Lucky Ticket draw of \$1000 cash. (Note: winner must be present, one name per ticket).



The crowd at the fishing contest in past years

### ENTERTAINMENT FOR EVERYONE

Weigh-in for the Kids Sprat Competition is at 2pm and all other fish to be in by 4pm. There are carnival rides, quick fire raffles, the auction of fish, plus food to purchase - including hot hangi - or bring your own picnic.

### GET YOUR TICKETS

Go to [www.buytickets.at/tinopaifish](http://www.buytickets.at/tinopaifish) (\$30 each) or visit one of our ticket suppliers (Noel Radd Maungaturoto, Paparoa Dairy, Paparoa Hotel, Challenge (Ruawai), Tinopai School (gate sales on the day from 6am).

### SEE YOU SATURDAY 11th JANUARY 2020

All proceeds from the Tinopai Fishing Contest go towards supporting Tinopai School. Up-to-date event details are on Tinopai School FB page. Tinopai School is proudly supported by TopCatch Whangarei, Kaipara Kumara, Civiltrain NZ, KidZone Entertainment, Delta Produce and many wonderful local Kaipara businesses!

## Letterbox competition

Our 2019 community Christmas challenge. See back page for results!



Paparoa Press PP

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for Paparoa, Pahi, Matakahe,  
Whakapirau and Tinopai.

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## It's New Year 2020

2020 is ahead of us. A time of opportunity, and as such we extend best wishes to all our readers.

Janus is the two-faced god for whom January is named. January is a time to reflect on the past and to look to the future.

As a community we can reflect on the good things which happened in 2019 and on the not so good.

## NOW TO THE FUTURE

Have you all made New Year Resolutions? Well, good for you. However, if you have promised to change your personality, lose weight, or go to the gym more often, you may as well fail now. We all like you just the way you are. Accept that.

What we really endorse is the resolution to try something new during 2020. Exploit your artistic side and join an art class or a choir. Get energetic and join a sports club or an exercise group. Give to the community and volunteer, there are plenty of opportunities. Learn something new, perhaps a craft, a language? Enjoy the fellowship of a church or a garden club. There is a considerable list of organisations included in this publication (see pg 19).

Our community can only prosper with the engagement of all its members.



A Happy New Year to all of us PP

## Starbright Wellness

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## Circus Festival coming to town

Circus Kumarani is proud to present its 14th Annual Northland Circus Festival 2020 on the 10th, 11th and 12th of January.



This year we will again be in the beautiful community of Paparoa at the War Memorial Hall and on the A&P Showgrounds. It's an ideal location for Northlanders and Aucklanders alike to come check us out (plus we get NZ wide and global visitors), watch some awesome shows, participate in workshops, meet new friends, learn new skills and have fun, fun, fun!



From ground to aerial skills, for beginners to advanced levels, this festival is for **EVERYONE!**

The **Northland Circus Festival** includes:

- \* Circus Workshops
- \* Friday Night Renegade Show
- \* Saturday Night Gala Show
- \* Music
- \* Camping
- \* Fire Spinning
- \* Children's activity area
- \* Food
- \* Crafts and ... so much more.

Weekend passes, day passes and show tickets are available.

**For more information:**

go to [circuskumarani.co.nz](http://circuskumarani.co.nz)

We are also holding a **FREE HOLIDAY PROGRAMME** for youth 8-18years at the Paparoa Sports Pavilion on the week of the 13-17 January 2020 from 10am-2pm.

Abbe Clark, Circus Kumarani



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## Pahi Regatta

Anniversary Weekend 25/26 January

Launch races, kayak contests, runabout races, and outboard-powered bathtubs are set to entertain summer crowds at the annual Pahi Regatta during Anniversary Weekend.



Pahi Regatta in the 1930's

The event has been running, with the exception of some war-time years, since 1886, when the Kaipara Harbour was the highway of choice for the settlement of many parts of Northland, and a group of Kaipara settlers gathered at Pahi for a picnic and a couple of boat races.

Across the years the regatta format has settled onto water-based events, and an onshore component with sideshows, carnival rides, beauty contests - anything from Miss and Mrs Pahi, to the 'Best Beer Belly' contest. Food and refreshments are widely available.

The event is run by the Pahi Boating and Fishing Club, and club commodore Darren Sheppard says:

"It's all systems go for the upcoming Regatta. We have an emphasis on family fun in a safe environment. Look out for the iconic bathtub races, with outboard motors powering actual bathtubs with a single outrigger for stability. There is a prize of \$500 for the winner." Once again, the Pahi Holiday Park camping ground will have the full-house signs out, as many campsites are booked out from one year to the next. "We are out of space again this year, so late-comers are advised to check out other facilities in the district," said manager, Julie Kenny.

Events begin on Saturday 25th, and on Sunday, contestants will vie for the winner's purse in the bathtub race.

Lawrie Stevens



The popular bathtub race in 2019



## Otamatea High School

Join us for our

# WELCOME EVENING

An opportunity for both new and established families to meet each other and our school staff.



Wednesday 19<sup>th</sup> February 6pm-7.30pm in E Block

A casual, social evening for parents with drinks and nibbles provided.



## Paparoa School 150th Anniversary celebration May 2020

On the weekend of the 8-10th May, Paparoa Primary School will celebrate 150 years of educating the children of the district. All past and present students, parents, family and staff, as well as anyone who has, or has had a connection to the school is invited to register now. The programme and registration form are available online via Paparoa Primary School Facebook page, or the school website - [paparoa.school.nz](http://paparoa.school.nz). Alternatively pick one up from Skelton's Drapery.

It will be an 'Old School Day' on Friday 8th when students and staff will host visitors. Tabloid sports and a look around the school will be followed by the evening 'Meet and Greet'. Saturday 9th is the official day with a welcome, roll call, cake cutting, displays, games, decade photos and bus trips to local places of interest. A dinner with guest speaker will follow in the evening - another great opportunity to catch up with long-lost friends. A commemorative church service at the Paparoa Community Church will be held on Sunday morning followed by a light lunch.

Early Bird Registration closes on 28 February. Get in now as numbers will be limited for the dinner and to help the organising committee with planning. Pass this on to your family, neighbours and past school mates and help make this a great occasion.

For further information contact:

Robyn at Skelton's Drapery 4317 306  
or Pete 4316 822



## OTAMATEA HIGH SCHOOL

Te Kaitiaki o Otamatea

### IMPORTANT DATES FOR START OF YEAR 2020

**Thursday 30<sup>th</sup> January** (buses will be running). School starts for all year 7, year 13 and all new students to OHS.

*On the first day of school students should bring pen, paper, morning tea, togs and towel.  
Sausage sizzle lunch provided.*

**Friday 31<sup>st</sup> January** Whole school to attend (All Years)  
Senior Course confirmation will take place

**Tuesday 4<sup>th</sup> - Wednesday 5<sup>th</sup> February**  
Year 7 & Prefect Camp

**Thursday 13<sup>th</sup> February** - School Swimming Sports (all day)

**Wednesday 19<sup>th</sup> February** - Meet the Staff Evening

**Tuesday 25<sup>th</sup> February** - School Athletics Day (all day)

**New Uniform Sales** - Paparoa Drapery stock a full range of Otamatea High School uniform. Phone 09 431 7306

**PTCA 2nd Hand Uniform Sales**  
Please contact Karen Flannagan 021 128 1670

The school office opens Monday 20<sup>th</sup> January, 2019  
Please phone 09 431 8230 or 0800 682 6288  
for any further information

Please visit our website for 2019 school information including uniform, stationery and school calendar.

[www.otamatea.school.nz](http://www.otamatea.school.nz)

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## Twin Streams - action imminent

It should not be long before machinery starts rolling to create Paparoa's Twin Streams subdivision and senior lifestyle village.

The Community Trust (PCCT) behind the development has the necessary consents in place and has invited a range of potential contractors to tender for the work. Once the bids are in and evaluated, a preferred contractor will be selected. Then it should only be a matter of time before earthworks commence.

Getting to this stage has meant a huge amount of behind the scenes work for Trust members but now there is a great sense of achievement as the end goal is in sight. Interest from potential residents remains steady.

PCCT

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## Dahlias for Dementia Garden & House Tour



DAHLIAS FOR DEMENTIA

Early-bird discounted tickets for the Dahlias for Dementia Garden & House Tour 2020, raising funds for a dementia unit in Kaipara, (at \$40) are on sale until 15 January (thereafter \$50).

The tour, to be held on the weekend of February 22-23, includes 20 exceptional properties from Maungaturoto to beyond Matakoho and seven 'open homes'. You can buy tickets on the Alzheimers Northland website, at 100% Fergus Appliances & Beds in Maungaturoto, and at Bayleys Real Estate Northland in Dargaville for \$40 until 15 January; thereafter they will cost \$50.

The event (supported by Alzheimers Northland and Bayleys Real Estate Northland) will raise funds for a 14-bed dementia unit at Maungaturoto Riverview Resthome and Retirement Village which is owned by the community. It will service the wider Kaipara area.

Karen Smales, who initiated the project, says each property is different but they have one thing in common. "They are tended by committed gardeners who get a great deal of pleasure from their efforts and are all delighted to be sharing the results of their labours for a good cause."

The gardens range from a sub-tropical paradise that has featured in magazines to rambling gardens alongside historic homes and ancient trees - and everything in between.

Karen says it's a bonus that some homeowners agreed to open their homes. "Each adds a different and fresh perspective to the tour and

most have been recently renovated and treated to inspiring interior design makeovers." They include a relocated farm homestead, an art-deco home, an historic house with spectacular views and a home which, for the first time since it was built in 1886, has owners outside the original family. Several homes were built or renovated by Brogan Builders of Maungaturoto.

People can tour at their own pace - on just one or both days. There are several cafes on the tour route, lunches can be pre-ordered or people can bring picnics. Some gardens will have music and others will have artworks and crafts on display and for sale.

Early bird ticket holders will go into a lucky draw to win a bar fridge kindly donated by 100% Fergus Appliances & Beds, or a gift basket.

### TICKETS ON SALE AT:

#### Maungaturoto:

100% Fergus Appliances & Beds

#### Whangarei:

Palmer's Garden Centre

#### Waipu:

Waipu Hammer Hardware

#### Bayleys Real Estate Northland

Mangawhai Heads, Bream Bay, Dargaville, Whangarei, Kerikeri

**To buy tickets online,** go to Alzheimers Northland website and click Dahlias for Dementia icon or visit <http://www.alzheimersnorthland.org.nz/events/dahlias-for-dementia/>

Rae Roadley

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## Paparoa A&P Show Saturday 1st February

In just one month the 144<sup>th</sup> Paparoa A&P Show will be opening its gates to the public.

There's a wonderful line up of attractions and stalls to amuse and entertain you. This year the **Regional Finals of the Young Farmer of the Year** is being held for the first time at the Show. This is sure to be a crowd pleaser as contestants are put through their paces in a multitude of rural activities.

The wonderful display of home industries will once again be on display in the Hall. Stop for a break and have a cuppa and something to eat in the hall supper room. See artwork from local primary school children, baking, sewing/knitting, horticulture (vegetables and flowers), craft, home brew, photography etc.

Be sure to wander over and watch the goats and the horses as they strut their stuff. In addition to the ever-popular sheep shearing, wood chopping, and team roping, this year there are added demonstrations of milking and horse shoeing.

For those who love



the circus come and watch Circus Kumarani with their interactive performances.

Plenty of variety in the food options too. Hot dogs and chips, ice-creams and coffee, pizza, cold drinks and Asian food - all set to tempt your palate or quench your thirst.

Especially for our younger visitors, there is the 'Country Kids' challenge which proved to be super popular last year, 'Kidztime' with bouncy castles and other fun amusements, as well as the 'Petting Zoo'.



Come along and enjoy this local event. Please enter if you can as it makes your day even more fun. Schedules are available from Skelton's Drapery. Bring your entries of crafts, photos, baking, produce etc along to the hall on Friday morning January 31st.

Check out our new website for lots more information and all entry forms [paparoashow.org.nz](http://paparoashow.org.nz).

Contact Secretary Rosemary Webb for more information: [secretary@paparoashow.org.nz](mailto:secretary@paparoashow.org.nz)



2019 A&P Supreme Miniature Horse



NKAA Inc Invite you to attend **Stakeholders Barbeque**

**WEDNESDAY 15th JANUARY 5.30pm**

Paparoa Sports & Rec Pavilion  
Barbeque & meat supplied by SILVER FERN FARMS

Bring a salad & alcoholic drinks

NKAA Inc will supply bread and margarine, cordial, plates, cups, knives & forks

By bringing together those involved in the 2020 show we will all get a better understanding of working with each other to put on a wonderful A&P Show on 1st February

Please RSVP by Monday 13th January to Rosemary Webb  
027 2102 008



## Depot Trust storage business

Paparoa County Depot Trust (PCDT) is the organisation that owns and operates the premises at 10 Depot Rd, just off Pahi Road.

It's a big moniker for a small organisation that provides considerable benefit to the community. The Trust earns its income from renting workshop spaces to local engineering business, Frazer Fabrications, and to Fire and Emergency NZ (FENZ). The remainder of the property contains a number of sheds and a yard leased to a local oyster farmer.

In recent years the Trust has seen a growing need for storage space from people moving home or just needing more space for their stuff. This led to the purchase of a number of containers for long or short term leases. It appears to be popular as hardly a week goes by without an enquiry. The new sign on SH12 aims to



promote the storage business and grow the Trust income. The funds thus accumulated are distributed annually by way of grants to local community organisations. Paparoa is fortunate to have this source of income to support many worthwhile activities in our community. Naturally the trustees are all volunteers and enjoy contributing their time to this valuable asset. Brian Plunkett is the Trusts' Operations Manager. Contact Brian for your storage needs. Ph 4317 418.

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## Libby Jones -

### Northland District Health Board

Four new government appointees to the Northland District Health Board have been announced, and the new board will meet for the first time at the end of January. I am looking forward to the new changes although it feels like being on a new board with 7 of the 11 members different from the last term.

Our new NDHB board chair is Harry Burkhardt, originally from Kaitaia, chair of Ngati Kuri Trust Board. He has had experience on Auckland DHB and other governance boards, and I understand he has a strong financial as well as iwi background. I look forward to learning from the new members whom the government has seen fit to appoint, to join the 7 elected members, as well as sharing my experiences of the last 9 years involvement with NDHB board.

#### THE FULL BOARD

##### Appointed members

Harry Burkhardt, Ngaire Rae, Nicole Anderson and Matarioa Lyndon

##### Elected members

Libby Jones, Sally Macauley,

John Bain, Carol Peters, Debbie Evans, Vince Cocurullo, and Kyle Eggleton.

I mentioned last time about some community consultation that NDHB is doing to help form the new **Northland Health Strategy**, which will provide high-level direction for delivering health services and improving wellbeing in Northland. The consultation will carry on into the New Year so I will publicise further meetings that are being held in Kaipara, both in Dargaville and in our southern area. If this interests you feel free to complete the online survey - <https://community.northlanddhb.org.nz/NHS/feedback/> or be in touch with me.

Libby Jones, 021 208 0093  
Director NDHB

## Museum Highlights

It was another very busy month at the Kauri Museum in the run-up to Christmas.

A major highlight was the opening of the exhibition of Māori taonga (previously referred to as 'The Rintoul Collection') **'Ngā Taonga, Te Hononga Tāngata - The treasures that bring our people together'**.

The moving ceremony was attended by many of Andrew Rintoul's direct descendants. Andrew arrived in Matakoho as part of the Albertland Settler Scheme in 1862. Through this collection the Museum has reconnected with the Rintoul family and other people of our district. The taonga will be on display for some months. Learn about Andrew's story and the journey these taonga have taken for this exhibition. It is a must-see over the summer holidays.

The museum shop is fully stocked for our busy period in the New Year. You will see two new faces as you enter. Susie Hames and Holly Hutton are here until they leave for their first year at university; Susie to Christchurch to study engineering and Holly to Otago to study medicine. We wish them all the best as they start work towards their chosen careers.



The Kauri Museum float, Maungaturoto Xmas Parade  
Photo credit: John Ecuver, Gallery 28, Matakoho

For the first time in many years, the museum put together a float for the Maungaturoto Christmas Parade. Clive Smith offered his veteran Ford truck and our theme was 'a Picnic in the Bush' which was set up on the back. With the billy boiling over a fire, piles of wood, bushmen's equipment and bullock team gear stacked around, we picnicked on jam sandwiches as our float chugged through town. Imagine our surprise when we learned later that we had won a prize!

The Kauri Museum thanks all those who have volunteered in any way to assist with the numerous activities and events that took place at the museum during 2019. The museum has always relied on the generosity of members of the community to survive and this year has been no different. Happy New Year to you all and we look forward to seeing you all again in 2020.

Mary Stevens



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- \* Textiles Exhibition - 'The Perfect Accessory'
- \* Local Holiday Hotspots - to end of January

For residents of the old Otamatea District: Annual passes available

5 Church Road, Matakoho, Northland. p: 09 431 7417 w: [www.kaurimuseum.com](http://www.kaurimuseum.com)

## Paparoa Connections update

The year of 2019 has seen really special things happening in Paparoa. Back in April at the Paparoa Twilight Fun Run Walk we undertook a survey of participants about the possibility of a mountain bike track somewhere in Paparoa. It also went on Facebook and we got over 100 responses with overwhelming support for the idea.

At the same time Paparoa Primary School was developing a five year plan to develop a community activity hub with bike and pump tracks available for the whole community to use. The Lifestyle Village development was also working out



where to put a walking track from Franklin Road into the village, and the Medical Society was re-opening, with the library, at the other end of the village.

Being aware that other communities had developed with little planning and real consultation, representatives of all the groups got together with the goal of developing community and physical connections around the village.

From there, Gail Fotheringham from KDC and Roxanne

Kelly from Sport Northland supported the five community meetings that have been held to develop the ideas and then turn them into action. Around 45 people have been involved with about 30 continuing all the way through. Originally over 50 ideas were put forward for the village and surrounding area. These were collated and prioritised and these groups were formed:

- Mountain bike track
- Village shared paths
- Community activity hub at Paparoa School



- Matakohe to Paparoa cycleway
- Sense of place culture, art and heritage.

Things are happening with each group. The stand-out being the Mountain Bike Track group who have achieved so much. The track in the bush behind the showgrounds is operational now (see front page) Congratulations to this group!

Further actions will occur next year and if you are interested in joining this movement at any level, or want further information please contact us on email paparoaconnections@gmail.com

Libby Jones

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## Christmas at The Green

Christmas at Paparoa Village Green was enjoyed by all who attended.

A very Special thank you to Paparoa Sports and Recreation who ran the games for all the children and it was such fun.

Thank you to talented local artists for their participation, namely the 'Unpredictable' melodious ukelele player, Katrina Poyner's beautiful singing and a beautiful recital played by Rawere Phillips (9yrs) and sister Awatea (11yrs), the Community Choir and the talented Puppeteers who 'MC'd' the programme.

Free sausage sizzle and drinks kept everyone fed and pumped and every child went home with either a sports prize and/or a gift from the gift boxes. Spot prizes were also great fun! A short story told by Dave Porteous of his family history was an interesting insertion. The weather was beautiful and we had a great turn out.



Thank you for the gathering together as a community.

Love and joy this Christmas  
Miriam Adomea

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**School's out for 2019!**

The last month of the year was very busy with lots of fun activities for students.

Our School Athletics Day was very successful, with Year 4-6 students competing against school records and juniors having fun with Tabloid sports. We were fortunate to have Sam from Sport Northland supporting us on the day with the Blender Bike. Students had fun making smoothies powered by their own muscles.

We had a whole school production called Marz at the Paparoa Memorial Hall, our first in a number of years, and we had a huge turnout from

the community. Students did us proud with solos from our two lead characters and there was exceptional acting, singing and dancing from all. Teachers are planning for our next production.

We were filled with pride and sadness to see our twelve amazing Year 6 students sitting on stage at prize giving. These role models at our school will be missed. They did have



an exciting day at Flip Out in Whangarei for their end of year fun day. Students had been fundraising as the School Council all year for this awesome trip.

We are excited to have our three classes running again in 2020 and have shifted classrooms around to take advantage of different spaces in the school. 2020 is going to be another awesome year!

Simon Schuster,  
 Principal



On stage for the School production 'Marz'

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**Paparoa Lions 2019 recap**

As 2019 rapidly draws to a close and we head into the new decade it is timely to reflect on another busy Lions year in Paparoa and our surrounding districts.

Our food sales caravan was kept busy over the last summer, it's already had several outings in November and December with bookings ahead in 2020.

Our hard working firewood team had another busy year cutting, splitting and delivering many cubic metres to customers around the area. As with all our projects the work is done by volunteers and all profits go back to the community as donations. This year we supported some worthy individuals as well as local schools and other community organisations. We also support some national charities (such as Blind and Low Vision NZ), especially if their work will help people in our local communities.

Our annual Pioneer Luncheon and School Speech Night are always highlights of the year. In 2019 we also celebrated 40 years of Lions in Paparoa, a great opportunity to catch

up with past members and remember some of the projects and fun times that we have shared.

Fun is an important part of Lions, and we always enjoy our monthly dinners. This year we've had some great guest speakers including Tracey Wedge from The Kauri Museum, a couple of NDHB cardiac nurses, Quinton Brown on his Outward Bound experience, and many others.

Looking ahead to 2020 we have exciting news in that we have ordered our **new** food caravan to replace the old one which has served us very well but has become a bit small for our needs.

We have another busy year ahead serving our community and we always welcome new people who are keen to join us as members or supporters. Say giddy to us when you see our caravan out and about or give Jim Rowlands a call 4317 290.

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## Market Manager steps down

Following the Christmas Farmers' Market, Ruth Mason has stepped down from the managerial role. She will continue as a stall holder (Chapel Olive Oil) for the foreseeable future. Progressive Paparoa Inc (who are responsible for the market) thank Ruth for her excellent work over the past three years.

During that time the market has grown in strength and continued to be a vital force in the life of the community.

The managerial tasks will be split between Mike Dale and Graham Taylor. Mike has undertaken the Traffic Management role for some time and Graham, who managed the market prior to Ruth, is back on board.

It will be business as usual with the first market for 2020 on 4 January. There is always room for more stalls. The market aims to provide a variety of products of local origin. Vegetable and fruit growers are always welcome, even for short term seasonal suppliers.



Lucille Elmbranch & Graham Taylor present thankyou gift box to Ruth Mason (centre)

The market is on every Saturday 9-12noon. There is a wide variety of stalls with produce, plants, ready-to-eat food, crafts, etc, and buskers adding to the atmosphere.

If you're thinking of supplying or know someone who would, please get in touch with Graham 027 475 4490.

## Pets in the Valley



Happy New Year to you all. I hope 2020 has got off to a good start. Have I mentioned how amazing horses' feet are? Even though I'd ridden horses for quite a while it wasn't until I was learning anatomy that I realised what a bio-mechanical marvel they are.

Horses hooves are essentially a version of our finger nails on which a horse (and its riders) weight is carried. At the same time as being strong enough to endure huge forces, the hoof has to grow over the underlying structures and so be 'fluid'. The hoof wall is not directly attached to solid structures such as the underlying coffin bone, instead there is a complex system of interconnecting tubules (laminellae) which allow this movement to occur, while retaining strength.



Anyway, on to this amazing hoof- people over the centuries have learnt how to attach shoes to extend the strength and reduce wear of the wall and thus make horses more useful. It also hadn't really occurred to me that not everyone has seen a farrier attach a shoe to a horse's hoof. Because the hoof keeps growing, shoes need to be replaced about every 8 weeks to keep the hoof at it optimal shape. This is a very skilled and technical process - like people, every horse has different requirements to keep the feet balanced.

So if you are interested in seeing this process in real life you have the chance because a local farrier, Franz Jansen, has kindly agreed to do some demonstrations at the Paparoa A&P Show this year. Hope to see you there!

Janine



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The bow slices through the pulling tide  
Silt swirling below props like mini tornadoes of the deep  
A carnival of colour beyond the weathered wharf  
My sister and I perch against the handrail  
Exotic birds in full plumage visiting foreign territory  
Disembarking with teenage eagerness  
We feel eyes crawling over us like caterpillars on cabbages  
Hope floats...

They come to me  
Boyish charm on full offensive  
Chattering, like teeth on a frosted morn  
Jarring in stark reality  
The mating rituals of old  
Hope floats ...

Could it be?  
The attention is flattery on high  
Conversation flows  
Confidence grows  
Hope bobs on the surface  
Talks take direction  
Pointed, pointed  
Mouths open cavernous  
Shining eyes gleaming, nervous  
The question poised to release  
"Is your sister seeing anyone?"

Hope plunges into depths  
An anchor carelessly thrown overboard  
Until next time  
Hope floats.

Helen James, Paparoa

Highly commended - The Kauri Museum National Poetry Day Competition 2019

## Wahi Toanga dawn blessing

About 60 people attended a dawn blessing in December for the Wahi Toanga and shared-use path developed as part of the SH12 Matakohe Bridges Replacement and Realignment project.

### Te Pou Maa Tui



The dawn event blessed the Wahi Toanga area, including the pou which shows the manu (the white Tui) weaving all the people together. The Wahi Toanga is located between the two new bridges, Piringatahi and Te Ao Marama Hou.

Iwi elders also blessed the shared use path between the two old bridges, where the Kaipara District Council is working on a future cycling network.

The boardwalk along the shared-use path has been called 'Katie's Bridge' after local woman Katie Clark, who passed away after a car crash on the day after the bridges were officially opened.

Katie was with Te Uri o Hau's Environ Holdings and was instrumental in helping to bring everyone together in support of the bridge replacement and shared-use path project.

The Matakohe Bridges realignment opened in July this year. The 2.5km project delivered by Waka Kotahi NZ Transport Agency improves safety for all road users. The improvements include two new two-lane bridges, a realignment of the state highway to remove tight bends approaching the bridges, a shared use path and a new intersection for the Matakohe township and iconic Kauri Museum.

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## A great year ...

Our Christmas Exhibition opening and anniversary of our first year at Matakoho was celebrated with friends and visitors in December. It was a fun afternoon with live music, food & drink, and lots of visitors, who all congratulated us on a job well done. Plus there were excellent sales on the day!



Christmas Exhibition - runs until 31 January

Thanks must go to the committee for their hard work over the past year and also to previous committee members who ensured the Gallery was in good heart and without whom it would never have come into being.

Outstanding sales over the past few months leave us in a good position financially, making it possible to provide a warm and supportive environment for our local artists. We have welcomed several new members over the past year, which keeps the Gallery interesting with new and vibrant work.

Workshops to be organised during 2020 aim to encourage anyone in the community to join in and have a go at creating. Feedback indicates that lots of people would love to take up painting or drawing or mosaics etc, and that if we provide the opportunity, who knows what latent talent will emerge? More details to come during the year.

Lastly, to all our supporters, members and Friends who keep the Gallery staffed 7 days a week - Thank You and Best Wishes for the coming year.

Sue Taylor

## Community Connexions

Arty Farties Inc.

Hello again, from the grubby lot at Arty Farties Community Gardens.

Many of you may not be aware that Anne has stepped down from the management position and is now enjoying a life of comparative leisure as a volunteer.

The gardens were her dream and creation but on-going health struggles have brought the realisation that perhaps now is the time to slow down a little and enjoy the pleasures of gardening without the additional stress of being the boss.

Ruth has taken over the management responsibilities and all of the other volunteers know their jobs well, so things continue to hum along.

Many thanks to those in the team who worked throughout the holidays and still managed to provide veggies for local families in need.

Another year has gone by and a new one has begun. May the future bring good health and good fortune into your life and happiness into your hearts.

Happy New Year, from the team at Arty Farties.

### Quote of the month:

*'If you have a garden and a library, you have everything you need.'* - Cicero



## Council Mark says ...

It might be the way I was brought up, but I have never liked being addressed as 'Mr Vincent', and now the title of 'Councillor Vincent' does not sit comfortably with me either, although I recognise that there are formal occasions when that is appropriate.

I think I have the answer. At a recent region-based training session I learned that Council Mark is a thing - a sort of quality assurance standard to indicate how well a council is performing against best practice. I am sure you can google it to find out more. I have decided to adopt it, as several of my council colleagues have started to do when addressing me. If you call me Council Mark that is a shorthand way of saying that you want to discuss council business with me and we can start the conversation with a smile.

In the last week we have had a Council meeting and an Awards and Grants Committee meeting. At the Council meeting we decided that the draft Annual Plan for 2020/21 will not be opened to formal public consultation as the projected figures align pretty well with the Long-term Plan. This in itself saves time and money. There will still be community input needed through the various spatial planning exercises underway for Mangawhai, Kaiwaka, Maungaturoto and Dargaville.

A discretionary fund of \$300,000 from collected reserves contributions was available for distribution. There was a win for Paparoa Lions with \$45,000 being awarded to assist with its planned \$140,000 upgrade of the Lions Walkway at Paparoa.

Stay safe this summer.

Mark Vincent, 021 0829 8037  
Otamatea Ward Councillor

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## From our family to yours Kids on holiday



Being a go-with-the-flow kind of character means when it comes to being properly organised it feels like pushing a rock up a mountain, it's hard work.

So when one has a little person who wants his school holiday activities itemized down to 10 minute intervals, there may be some conflict. I feel this level of conforming to a schedule is opposed to a spontaneous, free wheeling childhood, but nevertheless, he checks the calendar daily for "whats on",

and discovers there is usually nothing organised and then makes his own plans and proceeds to tell me how he expects the day to go.

The one thing that intrigues me most with the kids being home from school, is how much they eat. Constantly. Yet, their lunch boxes don't contain all they manage to munch on an average holiday, so why the sudden upsurge in snacking? It is noted that being out of arms-reach of the pantry is a good deterrent

to constantly raiding it, which goes for adults as well as children.

We're so lucky to live in an area where there are plenty of free things to do with kids - from bike tracks, bush walks, to beautiful beaches, there is lots of outdoor fun to wear the kids out. And as Hudson, our wild one year old, has recently demonstrated he is capable of sleeping through the night - HALLELUJAH - I'll be having a good sleep along with them!

Jenny

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## Letters from The Old Post Office The List



As the new year looms ever nearer, dear Reader, fresh impetus is given to the dealing of those things on The List.

Things on The List range from the repair of that rotten sill, the removal of long dead shrubs (rest easy it is not a shrub of the rose variety) to the dealing of water tank issues. Of course, it also includes those more nebulous but equally worrying items. Items of an emotional nature. To wit, sending Christmas cards to not only the writer's nearest and dearest (that won't take long), but to his nearest and dearest. Well, not me obviously, so that can be crossed off The List. However, to those aunts and cousins who will wish to be remembered in some card-like form. If only I could remember their names ...

Deciding on the more do-able concrete items, it seemed sensible to ask advice of local experts. A regular convening of those off-shoots of the man-in-the-shed still occurring, it was a simple matter to open the communicating door and await a suitable pause. Standing like a silent conscience took some time to have an effect. Abandoning all ladylike restraint their attention was demanded. Quite loudly.

Repetition of the request finally resulted in the dentally challenged, along with the aurally and ambulatorily challenged ones, bending their powerful intellects to the task. Much discussion ensued. Much and more much. In fact, for several weeks it was hotly debated that there was a water tank issue at all. A mere female was probably mistaken. The debate raged. The locations of this discussion ranged from the site of the water tank itself (apologies were tendered to the neighbour as apparently, the voices were so loud they woke the baby), the contractor's newly built garage and, of course, The Lodge.

Well, Dear Reader, consensus has been reached and it is with true gratitude that the writer revels in the solutions reached and the very practical help. However, it is clearly the dawn of a new age. The parting words of old Snowy were, "Looks like you were right about that leaking tank!" It has been inscribed in stone and sent to his wife.

Deb

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## Maungaturoto & Districts Rotary news

Thankyou to all who have supported Rotary's various projects during the past year. It enables us to contribute more to the community than would otherwise be possible. Our Christmas grocery hamper raffle, donated by Pam Chapman, was won by Chum Jones.

This year's **President's Scholarship** (\$1,500) was presented to school leaver Mya Lawrence who will be studying Bio-Medical Science at Auckland University. Last year's winner Ann-marie Holst spoke to us about her year of study in Exercise Science and Business. While competitive squash has been put aside for the moment, Anne-marie's ultimate aim is to play for the NZ Women's team. Both young ladies are excellent role models in this community. Glen Orford, another dinner speaker, spoke of his work

at Marsden Point refinery and particularly about his involvement in fire and emergency. Of much interest was the physically challenging Sky City Tower climb to raise funds for leukaemia. We are fortunate to have volunteer firefighters like Glen who are prepared to provide support when it is needed, whether it be fire or accident. We hosted another successful **Senior's Afternoon Tea** when about 50 people from our wider community got together to socialise and enjoy the singing entertainment.

This year we funded two schemes at Otamatea High School - DOE (\$2400) and William Pike Challenge (\$1200). The aim of both groups is to increase the resilience and community mindedness of participants at different year levels.

We wish you all the best for the New Year and hope that 2020 will be a year to remember for all the right reasons in this community. If you wish to find out more about Rotary, please don't hesitate to get in touch.

Eileen Parsons, 021 1420 357

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## Paparoa Hall 'good to go'!

As a result of damage caused by vandalism in October, the Paparoa Hall has undergone extensive repairs which are now finished. The Hall Committee is grateful for the donations received from individuals and organisations which paid for the large Insurance excess. Security measures such as lighting, cameras and alarms will now be installed. It has been hugely disappointing and time consuming to have had this happen, but once again, thank you to our caring community.



Once this work was largely finished, a group of drummers led by Josie Scott enjoyed an uplifting and fun session on the West African drums to bring back the fantastic energy the hall has had for so many years, and to show as a community how much it means to all in Paparoa.

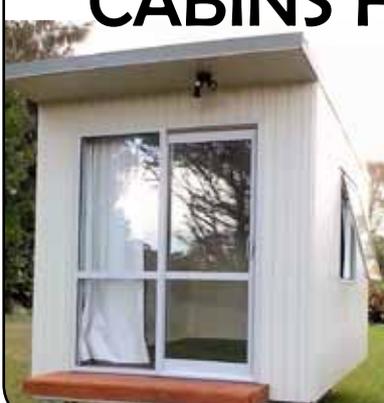
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## Are you Core or Crust?

Have you ever thought about why you feel the way you feel or think the way you think or behave the way you do? If not, you might like to, and the good news is that if you're not happy - you can change the way you feel, think and act so that you can live a happier life.

### WHAT IS YOUR CORE?

Your CORE is that part of you that is confident, joyful, full of wonder and spontaneity - think of all the best qualities of a child- that's your CORE, your self-esteem.

### ... AND YOUR CRUST?

I wonder what may have happened when you were a child that made you feel it wasn't okay to be happy, joyful, curious, loud, in the moment, playful, confident, honest?

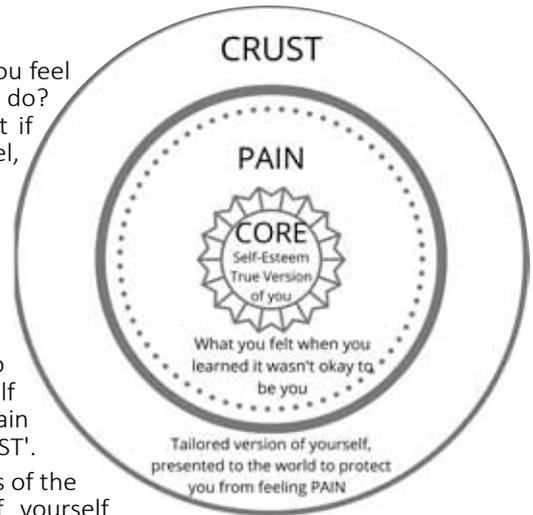
- Perhaps someone said something about your laugh?
- Or told you "children should be seen but not heard"?
- or that "you shouldn't ask silly questions"?

Usually a decision is then made that it's not okay to think what you think, feel what you feel or express how you want. Perhaps you then decided that you have no value? That having fun wasn't okay?

That you don't matter? These feelings of pain are your 'CRUD'. You feel pain about being you and so to protect yourself from feeling that pain you develop a 'CRUST'.

Your CRUST consists of the tailored version of yourself that you develop when you learn it's not okay to be you. Some of these versions include 'The People Pleaser', 'The Hero', 'The Rebel', 'The Victim', 'Control Freak' and 'The Perfectionist'.

The good news is that with appropriate tools, techniques



,and guidance you can start to see your CRUD and CRUST for what they truly are and begin the process of recovering your CORE (self-esteem) so that you can begin to live a life in joy versus one in fear.

In bliss  
 Carrie Marie G



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## Summer gardening

Summer is shaping up to be very hot and dry, and it will be a challenge to keep veges producing, and flowers providing a splash of colour in the garden.

A mix of bulb and tuber flowering plants such as clumps of cannas, with tall and dwarf varieties scattered in the background, provide a continuous splash of red, orange, yellow and pink through early summer to autumn. When not in flower their lush green (or variegated varieties of deep red/green, yellow/green) foliage is the centre of attraction. Plant these tubers in ground rich in humus and leave them to it. Keep them tidy by cutting out dead flower stems. Once established, outside ground shoots with some roots can be dug out and replanted elsewhere.

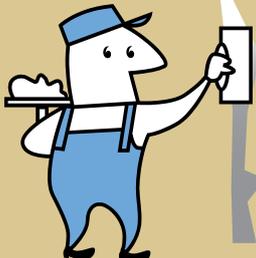


Clivia (originally from South Africa) is also a valuable hardy plant which thrives in dry shady spots of the flower garden especially under trees. With attractive dark strap-like leaves it has a stunning display of trumpet shaped flowers in dark orange to red, yellow and terracotta varieties.

You can sow and plant new vegetable crops e.g. beetroot, carrots, leeks, lettuce, radish, silver beet, beans and sweetcorn which will germinate quickly provided they are kept watered. Plant various lettuce varieties in cooler semi-shady situations - the top layer of soil must be kept moist to help prevent premature bolting.

Regularly check tomatoes which are prone to many pests and diseases. Tell-tale signs are holes in the fruit created by the tomato fruit worm. Sickly yellow foliage and small stunted fruit can be the result of tomato/potato psyllids on the underside of the leaves leaving sugar like crystals on the foliage. Spray weekly with 'Neem' (reapply after rain) or Yates 'Mavrick' every 7-14 days.

Jan R



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Lots of nooks and crannies give us places to hide, shelter from sun, and protect us from the cold.

Stack and pile logs, branches, and rocks. Lots of different sizes please! We like small cosy areas to feel safe.

We like our gardens big, the bigger the better. 25m<sup>2</sup> or more is ideal. But we would still appreciate a small area with lots of places to hide.

Don't worry about gardening, we love a messy garden!

Choose a warm, dry, sunny space for your lizard garden.

A hidden water bowl is great for a drink.

Plant small shrubs, grasses and ground cover with twisting branches.

A dark, moist habitat attracts creepy crawlies, we love having them for dinner!

Plants with berries or nectar feed us and attract more bugs to eat!

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For more on lizards check out [www.doc.govt.nz](http://www.doc.govt.nz). For more on predator control check out [www.predatorfree.nz.org](http://www.predatorfree.nz.org)

## A check on Paparoa rainfall

By the end of November 2019 we had recorded 879.5mm of rain for the year (64.5mm in November) at Ariel Hill weather station. In 2015, the driest year for some time, rain to the end of November was 856.2mm, and only 19.2mm fell in December that year making a total of 875.4mm. The forecast indication for 2019 was for about 975mm.

At the same time in 2018 we'd had 1364mm, with a further 234.5mm in December making 2018 our wettest year at 1598.5mm! That means 2019 had only about 61% of 2018's total rain.

The five-year annual average for 2014-2018 is 1,331mm, making 2019 a long way lower at 73%. Don Hargrave

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## The days of our week

**SUNDAY** - a day of rest for some. However, the day is exactly what the name suggests. The Babylonians apparently named this day after the sun, as did the English. It seems it is a Germanic interpretation of the Latin, *dies solis* 'Sun's Day.' Something that can be quite hard to remember in the midst of winter. (German and Norse mythology saw the sun as a goddess whom they named *Sunna* or *Sol*).

**MONDAY** is named for the moon. Again, it is a derivative of the Latin, *dies lunae* and Old English *Monandæg* and the Middle English *Monenday*, something we all can do as the start of the working week draws near.

**TUESDAY** comes from the Anglo-Saxon *Tiu* or *Tyr*, the Norse god of war.

**WEDNESDAY** is named after Woden, the Norse supreme god and **THURSDAY** from Thor, the god of thunder.

Odin's wife gives her name to **FRIDAY** (Frigga, representing love and beauty)!

And, naturally **SATURDAY** is named for Saturn, the Roman god of fun and feasting.

At least now Monday seems far more appealing when we know the origins of its name. PP

## Control feral cats

A feral cat is an un-owned domestic cat that lives outdoors and avoids human contact: it does not allow itself to be handled or touched, and usually remains hidden from humans.



Feral cats may breed over dozens of generations and become an aggressive predator causing devastation to wildlife. They are also carriers of feline aids from which any unvaccinated domestic cats are at high risk. Some feral cats may become more comfortable with people who regularly feed them, but even with long-term attempts at socialisation, they usually remain aloof and are most active after dusk.

The Vet Centre is part of the NRC's (Northland Regional Council) scheme for control of feral cats. All four branches

(Paparoa, Maungaturoto, Ruawai and Mangawhai) have feral cat traps. There is a bond when the cage is taken, but it is fully refundable as long as the cage is returned in good condition.

All cats caught are checked for tameness and thoroughly scanned for microchips. NRC covers the euthanasia costs for any feral cats brought in but we gladly accept donations to the programme as we would like to keep it going as long as possible.

For more information contact Robyn Whitburn, Administration Manager, The Vet Centre, 09 431 8318

## Science Corner



### Is it your choice or ... is it your genes?



Did you know that if you hate broccoli it may not be that you are not being picky but it's in your genes!

Researchers have found that about 25% of people may hate broccoli because of a variation in their taste bud genes. One of these genes (TAS2R38) recognises bitter chemicals such as thioureas, and broccoli

just happens to have lots of this chemical. To these taste buds broccoli registers as revoltingly bitter.

How else may genes affect your behaviour? Who you fall in love with? Even who you vote for? Virtually everything we do emerges from a sub-conscious wish to survive and reproduce our genes (and support our family).

A famous study had women sniffing men's t-shirts and ranking the odour! It turned out that the more similar the men's and women's immune systems were the worse they smelled to the women. There is a good reason for this. If the parental genes are too similar then their offspring won't be as well equipped to fight disease. So chemistry between couples is very real. If you are rejected by a possible partner it maybe your genes fault!

Science has shown you are not who you think you are. There are biological gremlins (including your personal microbiological biome) driving your every action and personality traits that you thought were your choices. But in knowing this you have a better opportunity to curb or remedy your behaviour.

**'Genes are the pianokeys, but the environment plays the song'**

Acknowledgement- Bill Sullivan Professor Pharmacology and Microbiology at Indiana University School of Medicine.

If you want to know more look for the book by Bill Sullivan 'Pleased to Meet Me'.

Stella

## Selwyn Centre Christmas

The last meeting of the Selwyn Centre for the year was held Thursday 19 December.



Live musical entertainment

Starting with the usual 'meet and greet' and the half an hour of exercise to music there was a light morning tea. While enjoying our cuppa and Christmas nibbles we were entertained by Mark and Cindy Vincent, Lawrie and Helen Reynolds and Evie van Staden, travelling down memory lane singing a lot of old favourites plus Christmas carols.

Then came lunch time! Lloyd and Rachel provided a delicious meal of roast lamb, with new potatoes and all the trimmings. A delicious dessert, provided by Sue Skelton and other volunteers, was followed by a lucky dip of gifts.

What a wonderful morning. We look forward to getting together again on 23 January.

Gael Johnston

## I've been thinking about ... Christmas

I wonder if I'm the only person who finds the Christmas season somewhat confusing.

'The reason for the season', the birth of Jesus and the widespread adoption of the Christian as opposed to the Old Testament philosophy, is widely acknowledged, but how many folk are spiritually or emotionally connected? I suspect only small proportion of our diverse population. We enjoy the rituals: we belt out the carols: we embrace the love by spending time with our families, but do we go to Church?

Much Christmas symbolism is taken from the northern hemisphere pagan festivals. There the season marks the passing of the shortest day and the promise that the light will return: the world will warm: the earth will become productive. People feast for the winter austerity is passing.

I would like to experience a northern hemisphere Christmas just to experience that context.

We also see Christmas as a marker of time, but as an ending not a fresh start. We set targets for things to be completed before Christmas

and the holidays. 'T'is also the season of excess'.

Someone once remarked to me that "we live in the post-Christian era," and that seems increasingly true. Of course there are many people who are committed Christians, and the philosophies espoused by Christ are totally valid. However, compare our world with pre-Reformation Western Europe when the Church had huge powers in Government and was the provider of practically all welfare and education. Our society has become more secular and it has also learned to include eastern religions. The Church as an institution is no longer an imperative in our lives, although its philosophies may be.

Christianity has already pragmatically included pagan symbolism. Perhaps there will be other graftings to make it more universal. One thing for sure, Christmas will continue to be celebrated for one reason or another and we will all do the celebrating our way.

RS

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## OUT &amp; ABOUT AROUND TOWN

**News from Skin Image** - Nina will not now be operating from her Paparoa Clinic. Instead all appointments and treatments will be at her Waipu clinic. For clients that would like to replenish their products Nina will either deliver or courier to you. For any enquiries please call Nina direct 022 39 41 184.

**Best wishes** to Maggie Cui for recovery from surgery over Christmas. Get well soon Maggie.

**Zest cafe** is now offering an authentic Mexican menu on a Friday evening 4-9pm. Eat in or takeaway. Locals are spreading the word - it's good!

**Help! TROPHIES LOST**

Paparoa Show has misplaced/lost some of their trophies. Does anyone know where they might be?

**More African drumming!**

Another 4-week class will be on offer in 2020, in the Paparoa Hall, probably in February. Watch this space for dates - or contact Josie by email [josie.scott@xtra.co.nz](mailto:josie.scott@xtra.co.nz) to register interest - or Loraine Rowlands, 4317 290.

**Come and play tennis** on Sundays 4pm at the Sports and Rec Pavilion. Some racquets available. Note the courts are always open - non-members may leave a donation in the box provided.

**Table tennis** starts back after the Christmas break as usual from Tuesday 7th January at the pavilion 7.30-9.30pm

**Yoga** restarts January 27

## The Glass Guy



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## Paparoa Community Library

### LIBRARY OPEN Tuesday 7th January

Books can still be returned to the returns box at Skelton's Drapery as usual.



USUAL HOURS from 7 January

Tuesday..... . 10am-4pm

Thursday..... . 10am-4pm

Saturday ..... 9.30am-12noon

Jas Futter, Library Manager

## PAPAROA LADIES LIMERICK

There was a woman from Paparoa  
If you're from there you likely know her  
Gumboots muddy, rough and ready  
Possum shooting, nice and steady  
She can fence, muster and grub the thistles  
Walks down the street and no one whistles  
Strong as an ox, she'll work all day  
Shovelling shit or feeding out hay  
She'll bait the hooks and check the nets  
Untangling lines and placing bets  
On who will haul in the best catch  
Or win the local Rugby match  
Salt of the earth she'll help you out  
Community spirit's what she's about  
She's one on whom you can depend  
If you're in need, her time she'll spend

Once in a while, though  
When the fancy takes her  
She dresses up,  
No one makes her

Feet in heels and makeup on  
A pretty dress to look upon  
She'll go to town all feminine  
Let her hair down, sip a gin

No more swearing, polite chatter  
With her friends, she will natter  
So in those time, please be nice  
Don't joke or tease or give advice

Let her have some nights of glamour  
And tomorrow she will swing a hammer  
Because that woman from Paparoa  
is one of us, we all know her.

Helen James, Paparoa

*A highly commended entry in The Kauri Museum 'National Poetry Day Competition 2019'. Republished correctly. Our apologies to the author.*

## HOMEKILLS



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## WHAT'S ON - JANUARY 2020

**The Kauri Museum** open 7 days, annual passes available for Otamatea residents  
**Exhibitions:** Textiles: 'The Perfect Accessory'

**Ngā Taonga, Te Hononga Tāngata -The treasures that bring our people together.**

**Tinopai Fishing Contest** January 11th (see front page)

**Circus Kumarani Festival** 10-12 January Paparoa Hall and Showgrounds

**Pahi Regatta** Anniversary weekend (see pg 3)

**Paparoa A&P Show** 1 February (see pg 5)

### REGULAR EVENTS, MEETINGS AND ORGANISATIONS

**Anglican Church St Marks** 1st, 2nd & 4th Sundays 10am, Hook Road, Paparoa  
**Ararua Church** 10.30am every Sunday, All welcome ph 431 6622

**Art Studio, Ruawai** Wed 10-12noon ph Frances 439 2554

**Arty Farties** Thur/Fri/Sun at the "Tile Shed"; Garage Sale Sundays 10am to 2pm;

**Badminton** Thursdays 7pm Paparoa Hall \$2 students, \$3 adults ph Pete 431 6822

**Exercise to Music** Tue 10.30am Paparoa Hall \$5 ph Rose 431 7418

**Farmers' Market** Every Saturday 9-noon, Village Green. Ph Graham 027 475 4490

**Grey Power** Last Wed in month, 1pm, Anglican Church Hall, Mgto

**Kaipara Marching Team** Weds 4-5.30pm, Mgto, ph Rose Plunkett 431 7418

**Line Dancing** Thurs 10am-noon Paparoa Hall ph Rose 431 7418

**Mainly Music** Wed 9.30am Paparoa Comm Church, Lynaire Porteous 4317 520

**Mahjong** twice monthly on a Tuesday. Call Marian Harkness 431 6332.

**Maungaturoto Opportunity Shop** Open Mon 10-1pm Wed 10-3pm Fri 10-3pm

**Maungaturoto and Districts Rotary Club** Maungaturoto Centennial Hall,  
 Tuesday evenings 6pm, ph Stella 021 149 0877

**Otamatea Quilters** 1st and 3rd Mon month 10am, Paparoa Hall 09 439 2262

**Outdoor Bowls** Maungaturoto Green ph Tony 431 6026 or Brian 431 6884

**Pahi Hall** available for hire ph Sherryl Corbett 431 7127

**Paparoa Community Church** 10.30am every Sunday, 4 Hook Road 431 7106

**Paparoa Garden Circle** 2nd Wed of month Marg Bailey secretary. 09 280 9897

**Paparoa Hall** Functions venue ph Robyn 431 7306 or a/h Loraine 431 7290

**Paparoa Library** open Tues & Thurs 10am-4pm, Saturday 9.30-12noon

**Paparoa Lions** Dinner Meetings 3rd Mon in month 6.30pm, Sports Pavilion

**Paparoa Playcentre** Tuesday and Thursday 10am-1pm Visitors Welcome  
 ph Bianca 431 6730 txt 021 782 456 or ph Jane 431 6148 paparoa@playcentre.org.nz

**Paparoa Primary School** Term 4 ends Dec 20 Term 1 starts Jan

**Paparoa Toy Library** Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330

**Paparoa Volunteer Rural Fire Force (VRFF)** 1st and 3rd Tuesday of the month  
 6.30pm Depot Rd ph Cohan 431 6668

**Plunket Ready Steady Wriggle** Mon 10am Sports Pav. Tina Ball 021 033 5128

**Selwyn Centre** Thurs 10am for over 65's, St Marks, Hook Rd, ph 431 8193

**Sports Pavilion** Functions Venue Bookings ph Jane Bailey 431 6148

**St Mary's Catholic Church** 10am Wed, 6pm Sat, Maungaturoto

**Table Tennis** Tues 7.30pm, Sports Pavilion \$2 Pete 431 6822

**Tennis** Family tennis Sunday afternoons from 4pm ph Sue 431 6224, Pete 431 6822

**White Rock Gallery** Open at The Kauri Museum 7 days ph 021 0267 8241

**Yoga Chair Yoga** - Tuesdays & Fridays, 9.30am Paparoa Sports Pavilion

Monday: 6pm Mgto Centennial Hall; Wednesday 5pm Matakahe Hall  
 ph Jenny 021 114 3370 restarts for 2020 on January 27th

PLEASE UPDATE US WITH YOUR DETAILS: [press@paparoa.org.nz](mailto:press@paparoa.org.nz) PP

## HOOK, LINE & SINKER



Fishing has gone a bit quiet at the moment and anywhere in the harbour is as good as another.

There are reasonable sized snapper around ... if you can get past the sharks, of which there are heaps - 6-8ft long!

Otherwise there's not many gurnard to be found, and only a few small kahawai.

Happy Fishing!

## Paparoa Press CLASSIFIED ADVERTISING

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## LOCAL TIDES for January 2020

### JANUARY TIDES - CALCULATED for PAHI-WHAKAPIRAU

DATE	LOW	HIGH	DATE	LOW	HIGH
1st	09:40	16:08	17th	10:47	17:22
2nd	10:24	16:56	18th	11:49	18:24
3rd	11:16	17:48	19th	12:58	06:58
4th	12:14	18:45	20th	14:10	08:10
5th	13:18	07:23	21st	15:17	09:20
6th	14:21	08:26	22nd	16:15	10:21
7th	15:17	09:25	23rd	17:05	11:11
8th	16:08	10:16	24th	17:50	11:55
9th	16:54	11:02	25th	06:06	12:35
10th	17:40	11:46	26th	06:45	13:11
11th	18:25	12:29	27th	07:21	13:46
12th	06:43	13:12	28th	07:56	4:20
13th	07:28	13:57	29th	08:30	14:55
14th	08:13	14:44	30th	09:06	15:31
15th	09:01	15:33	31st	09:43	16:10
16th	09:51	16:25			

## Community Directory

EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

### COAST TO COAST HEALTH CARE

Maungaturoto Medical Centre: 8am-5pm Mon-Fri .... 09 431 8576

Paparoa Clinic: Open Tues and Thurs 8am-5pm..... 09 431 7222

For urgent after hours medical service (Wellsford)..... 09 423 8086

**DISTRICT NURSE** Dargaville Hospital ..... 09 439 3330  
 Healthline - 24 hour service..... 0800 611 116

**HOSPICE KAIPARA** Dargaville Hospital ..... 09 439 3330

**KAIPARA DISTRICT COUNCIL** Helpline ..... 0800 727 059  
 Mangawhai Office..... 0800 100 388

**KAIPARA PHYSIOTHERAPY** Lyndsay Bargh/Lynne Rhodes...09 4391656

**LINKING HANDS** Health Shuttle Service, Maungaturoto.09 431 8969

**LIONS CLUB PAPAROA** Secretary Mark Pilkington .....09 431 7369

**MAUNGATUROTO PHARMACY** ..... 09 431 8045

**MAUNGATUROTO REST HOME** ..... 09 431 8696

**NKT RECYCLING** Huarau Road 10am - 2pm Mon-Sat..... 09 431 8304

**OTAMATEA COMMUNITY SERVICES** Community House 09 431 9080

**PAPAROA LIBRARY** Free Membership. Contact .....Jas 022 678 1474

Tuesday and Thursday 10am-4pm

Saturday 9.30am-12midday

**PAPAROA PLAYCENTRE** ..... paparoa@playcentre.org.nz

**PAPAROA PLUNKET** Clinic 4317340 Cynthia Keay ..... 0276753488

**PLUNKET** Helpline ..... 0800 933 922

**PAPAROA PRIMARY SCHOOL** ..... 09 431 7379

**PROGRESSIVE PAPAROA INC (PPI)** .....Graham Taylor... 09 431 7209

**PARENT PORT Inc.** free help for families Linda ..... 09 425 9357

**PODIATRIST / FOOTCARE** Jayne Short ..... 022 542 0477

**YOUTH & WHANAU FOCUS** South Kaipara, Rose .....09 431 7418

## Everyone's a winner!



There were plenty of challenges in this first Christmas Letterbox Decorating Competition, not just in designing in an 'eco-friendly' theme, but in having to deal with strong winds and driving rain! Challenges are great for a competition, and The Press was very impressed with the creativity of all entries. We especially gave credit to those who chose to work



with biodegradable materials only!

So, our four eco-friendly designs win the top prizes equally and consolation prizes go to the two not so eco-friendly.

Great work everyone!



## Father Christmas visits



2019 has been a great year for all at Paparoa Playcentre. The end of the year was celebrated with a shared lunch, a magnificent day for a picnic under the trees and the main attraction was the extra-special guest dressed in red with his huge bag of presents for all.

Paparoa Playcentre is in good heart with about 13 families and 20 or so children. Sessions are Tuesdays and Thursdays 10am-1pm during the school terms. First session for 2020 is Tuesday 4 February

Contact Jane 431 6148 or Kirstin 431 7373 txt 021 525 425  
paparoa@playcentre.org.nz



## Tui one of our special native birds



Spring and summer are special times for watching and listening for the tui up in the trees, darting through bushes, courting and then nesting; such a wonderful bird!

Tui, or koko (*Prothemadera novaeseelandiae*), were called parson birds by British settlers in New Zealand during the 19th century because the two white poi, or tufts of feathers at their throats, looked like the neck bands of a priest or minister. They are versatile singers, combining beautifully musical notes with honks, wheezes, clicks and squawks. They can screech loudly and discordantly when alarmed. They also mimic other birds. Tui have a dual voice box, which helps them to produce so many varied sounds.

Tui were prized by Maori as fine food. They were also kept as pets and taught to talk. They were taught karakia (prayers) and whakatauki (proverbs), as well as mihi (greetings)

to recite when visitors arrived. A skilful orator may be compared to a tui, using the expressions, "He koko tatakī" (a witty speaker) or "Te korokoro tui" (a sweet singer or articulate speaker). Tui that could speak like this were called manu rangatira (chiefly birds).

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