



JULY 2020

## Onwards & upwards at The Museum

As winter settles in, the museum is up and running again with Queen's Birthday weekend visitor numbers exceeding last year and lots of good things happening.

Māori TV are planning to screen the documentary commissioned by the museum last year on the return of the taonga (treasure) from Auckland War Memorial Museum.

Covid-19 Level 1 brings tentative freedom to our nation. The ability to gather in larger groups and travel about means that many of our events can now go ahead, some with slight date changes.

Those of you who follow us on facebook [www.com/KauriMuseum/](http://www.com/KauriMuseum/) may have seen our team planting young kauri trees for Arbour Day and DoC installing a foot washing station to protect kauri at the entry of our native bush walk located behind the museum.

With school holidays due in early July, we are pleased to invite kids to join our fun workshops. Led by experienced art tutors these were very popular last year.

### DIY CLAY MODELLING WORKSHOPS SCHOOL HOLIDAYS

Wednesday 8 and 15 July 10am-2pm  
Get creative at the Kauri Museum!  
Transform clay into your own fabulous creations.

- Ages: 5-12 years.
- Cost: \$20 per child.
- Bring own lunch and drink.
- Must wear shoes.

Bookings essential, ph 09 431 7417 or email [admin@kaurimuseum.com](mailto:admin@kaurimuseum.com)

### THE KAURI MUSEUM'S NORTHLAND PHOTOGRAPHY AWARDS

Entries Open: 13 July  
Entries Close: 10 August  
Prizes to be won

This themed photographic competition and exhibition showcases the creativity of Northland. The theme for 2020 is, 'Inside Northland Homes' - a celebration of the spaces we live in in our beautiful region where kauri once covered the land.

### NATIONAL POETRY DAY 2020 POEM AND LYRIC COMPETITION

The Kauri Museum runs the Poem and Lyric Competition for National Poetry Day in two phases - the adult competition (over 18) and the student competition. This year's theme is 'The ebb and flow of the Kaipara'.

**Adult Section** - submit your entries between 18 July- 8 August

**Open Mic and Prizegiving** - 21 August

**Kids Section** - opens August 21

If you are a keen photographer, poet or songwriter, you should definitely get involved in these competitions which open in July.

More details and entry forms for both competitions are online at [www.kaurimuseum.com/whats-on](http://www.kaurimuseum.com/whats-on).



Arbour Day kauri tree planting

### MATARIKI CELEBRATION

Sadly we won't have the usual schools exhibition this year, as the kids have a bit to catch up on after their time studying at home. Shine brightly young ones.

**THE KAURI MUSEUM ONLINE SHOP** is now ready for your perusal, with lots of eco-friendly and bespoke NZ made products. For \$25 you can even buy a kauri tree for someone you love and give back to this bounteous land. [www.kaurimuseum.com/plant-a-tree](http://www.kaurimuseum.com/plant-a-tree)

For more information Ph 09 431 7417 or email [admin@kaurimuseum.com](mailto:admin@kaurimuseum.com)



The Otamatea Weed Group VOLUNTEERS aim to eliminate privet in our community

## What makes Paparoa tick?

It's only when a valued member of a local organisation leaves the district or otherwise decides to call it a day that we realise how vulnerable our community is.

There are a vast array of community organisations that rely on a shrinking band of volunteers to make them tick. These organisations are the glue that sticks our community together. Think of Progressive Paparoa, Community Charitable Trust, County Depot Trust, Community Library, Otamatea Weed Group, Toy Library, Lions Club, Sports and Rec. Society, North Kaipara Agricultural Association,

Medical Society, the local churches, Pahi Regatta, and there are many more! Many locals belong to more than one of these. They are the doers, movers and shakers that make Paparoa tick. We all enjoy the benefits of their commitment, time and labour. Some new arrivals have joined these volunteer teams and provide valuable expertise from their previous experience.

If you enjoy reading this Press, you like going to the Farmers Market, you think the Paparoa Show or the Pahi Regatta are great things to do or you find enjoyment from any of the above organisations, why not consider putting your hand up to help.

Or .. are you content to sit back and let others do the work that makes Paparoa tick? National Volunteer Week, June 21- 27 celebrated the 1.2 million volunteers who make NZ tick. Have you got a good reason to not join them?

## Paparooa Press PP

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for Paparooa, Pahi, Matakoho,  
Whakapirau and Tinopai.

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### ADVERTISING

Rate Card available by email

Booking & Copy deadline:

15<sup>th</sup> of month

Publication date 1<sup>st</sup> of month



## Libby Jones – Northland District Health Board

One of the measures of good health care is life expectancy, and in New Zealand this has increased across all of our population groups, including across ethnicity and gender, which is a great achievement.

However, the bad news is that

there are still huge disparities or differences between some groups and these gaps are not closing very fast, if at all. In Northland the life expectancy gap between Māori and non-Māori is about 9 years.

Gaps in access to health remain, and those who are most disadvantaged in this area are Māori, Pacifica and those living in low socio-economic groups. Poor people die younger and endure more years of diminished health than those with more resources. Gaps like this are called inequities in health and are unfair and unjust.

Inequities cost the country in loss of productivity, increased welfare and sickness payments and direct health care costs. Improving equity recognises that different groups may require different approaches

and resources to achieve the same outcomes.

One of the objectives of district health boards is to reduce health disparities by improving the health outcomes of Māori, Pacifica and other disadvantaged population groups, which in Northland includes some of our rural communities.

It can be a hard concept to get your head around and can sound like favouritism, but as we know, we don't all start at the same place. If we believe all people should be entitled to good health, good education and good outcomes then we will have to do some things differently. What we're doing currently is not working well enough to reduce the gaps.

Those of us lucky enough to be in an environment where we don't struggle to get access to health care and have enough resources to prioritise our health, may not see the issues.

If COVID-19 taught us nothing else, it was that we're all interconnected and that we can do things differently in health. For example: using 'tele-health' to save patients having to travel, supporting isolated communities by setting up testing stations and encouraging their own people to be tested, and increasing the inter-connectedness of the different sectors with the one overall aim.

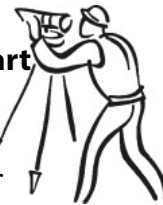
Having people in our communities who are avoidably sick is distressing, immoral, expensive and it impacts on all of us. Promoting equity in health is a preventative model, by putting the right resources in the right places, and designing services so they can prevent people from getting sick or sicker, and I think we are all for that.

Stay well, Libby Jones  
[hames.jones@xtra.co.nz](mailto:hames.jones@xtra.co.nz)  
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## At the Press Office ...

Margie, Jenny and Vicky have been busy learning all about how to compile the Paparooa Press under Sally's patient teachings. We're making good and steady progress but there is lots to learn. Hopefully we will be reducing the pressure off Sally soon.

We are sorry if we have not replied to your email as quickly as usual but please be patient with us. Thank you to our Press Gang and usual contributors for all your great work.

If you have some information or a hankering to write please drop us a line at [press@paparooa.org.nz](mailto:press@paparooa.org.nz) we are always looking for interesting material.

PP

What's on at your local Museum

**Book a Gum Polishing Experience**

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The Kauri Museum's  
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ENTRIES OPEN : 13th July

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## Paparoa Community Garden - Arty Farties Inc.

Arty Farties is all about Community and as times and needs have changed it is now focusing more on producing food for those in need within our community.

It's still a place that welcomes people dropping in for a cuppa and a chat on the days we're open. A group of volunteers work in the gardens on Thursday, Friday and Sunday mornings. Vegetables are harvested on Sundays



for delivery to local food bank coordinators in Paparoa and Maungaturoto.

### WORKSHOPS

At present our focus is more on gardening rather than art, but workshops will be advertised as time and seasons allow. A composting, worm farming and seed raising workshop is planned for later on this year.

### THE GARDENS

At the gardens we make the best use out of what we have at hand (much of it donated). Sometimes the gardens can look rather interesting with donated net curtains protecting seedlings, old wooden frames and farm equipment supporting them. Recently the woodchip paths around the beds that had been happily composting down for years were dug up and spread over the gardens and with fertiliser added became our fresh new soil. Planks of wood were donated (and we always need more) to rebuild the beds. Donated seedlings continue to be planted out and are now being harvested, together with our own seedlings planted prior to Lockdown.

### LOCAL FOODBANKS

Cabbage, silverbeet, kale, carrots, spinach, lemons and herbs are currently being delivered weekly to our local foodbanks, as they were throughout Lockdown. If you or someone you know needs a helping hand in this way contact Rose on 431 7418 or OCS in Maungaturoto on 431 9080.

On occasions, people genuinely in need are welcome to ask

to be able to collect for their immediate use. We are happy to share, our herbs especially. If a food business comes in we ask for a donation (which they are happy to do so).

We're grateful to those who sometimes come in, out of the blue, and simply say "Hi, I have a couple of hours and really appreciated those plants or veges you gave me when I needed them. Can I help you in any way today?"

### COMMUNITY GARDEN

However, although we are definitely a Community Garden we find it hard when someone comes and strips our vegetables all at once... especially when they're still immature and could have fed so many more had they been left to mature. To take so much and all at once makes us question the motives of these people. We sincerely hope the produce taken during the second week of June went to genuinely needy families.

### THANKS TO ...

We would like to publicly thank the kind locals who noticed us digging over a large bed by hand and organised a rotary hoe for us to use for a few hours; the person who donated a new jockey wheel for our front gate; the people who organise water for our tanks during the summer and autumn months; the person who donated his new 'light' wheelbarrow. Thanks also to the Depot Trust who have assisted with the funding of some of our much needed equipment and to our 'fairy seedling raiser' who provides

hundreds of vege seedlings at no cost each season, and lastly and most importantly we thank the willing **volunteers** who are giving their time to this organisation.

You are all very much appreciated.

### GRANTS/FUNDRAISING ETC

Work on seeking grants, distribution, workshops and fundraisers continues behind the scenes. We can always do with more hands to make the load lighter so we can keep this organisation running for the benefit of our Community. You don't need to be a gardener to support us.

To keep Paparoa's Community Garden at Arty Farties going, we cordially invite all those interested to come to our **AGM on 15th July 2020**, 7pm at the Paparoa Sports Pavilion. See you there!

Jan Dallas, 021 431 724  
Garden Manager

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### Council Mark says ...

"Those who cannot remember the past are condemned to repeat it"

Actually it was George Santayana who said that, and what brought it to mind was current desires to remove statues of people from the past whose actions are now seen to be oppressive and unacceptable in today's society.

I think we should all strive to be a good ancestor so that future history will not judge us so harshly. A local example is the Kauri Museum, a tribute to the enterprise, ingenuity and determination of the pioneers who, through the process of converting forest to farmland created timber and kauri gum industries which were of great economic significance a century ago. At the same time they caused major environmental damage to the habitat for terrestrial flora and fauna and the health of the Kaipara Harbour, the effects of which are still being felt. Those actions would be simply unconscionable these days, but we need to own it as part of our history. We can still acknowledge the achievements of our forebears but their endeavours would be partly wasted if we did not learn from them, which

is really just another way of saying what George Santayana said. And, speaking as an ex-board member, I think that is a clue to the way forward for our museum too- there are gaps in the story to be filled and more of a future focus to be gained.

I don't think the continued existence of those monuments needs to be seen as a celebration of every good thing they represent while ignoring the bad. Rather, they should be seen as wayposts which show where we have come from and be a reference point for where we are headed.

For me, I think there are enough statues with modest artistic merit around the place; I'd much rather we have some sculptures or other public art to enjoy and think about. Any offers?

Mark Vincent  
Otamatea Ward Councillor  
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## Street names approved

Two new addresses will soon be part of the Paparoa environment with the approval of names for the new roads in Twin Streams - Wai Oranga Rua.

Following consultation with local iwi representative Matua Hone Martin and other members of the local community, Land Information NZ has approved the names put forward. PCCT is grateful to the Taumata Kaunihera of Te Uri o Hau for their assistance.



The new road from Franklin Rd into the subdivision will be called **Arahanga Road**. Arahanga translates in Te Reo as a pathway or bridge to a place or a connection. This road will be vested in Kaipara Council once completed.

The private road into the lifestyle retirement lots will be called **Manaaki Circle** with manaaki translating as support and care for the people, particularly the elderly.

With Twin Streams- Wai Oranga Rua reflecting not only the two small streams that border the subdivision but the twin threads of the smaller lots for retirement living and the larger lots suitable for family residences, Paparoa Community Charitable Trust feels the new names complement well the overall intent of the development.

PCCT

## Paparoa Connections Project - What's happening?

The five project teams met again for the first-time following lockdown on Sunday 17 June at the Sports Pavilion. Please contact us at any time if you can contribute to any of the projects or want to know more (email [paparoa.connections@gmail.com](mailto:paparoa.connections@gmail.com)). The next joint groups' session will be on **Sunday 2 August, 2-4pm at the Sports Pavilion**. Everyone is welcome!

### THE MOUNTAIN BIKE TRACK

Sadly, access to this great facility is presently closed after gates were left open and stock wandered in. To rectify this situation a new bike access will be installed as soon as possible. It is pleasing to acknowledge that a group of local young people have taken an interest and given of their own time to assist in improving the track. Further improvements will be made over the coming months. Check out the ride on You Tube at <https://youtube.com/uhxayjmaaza>



### THE SCHOOL HUB

A 40ft container has been delivered to the school which will provide ample storage for bikes, equipment and a space for bike maintenance. Connections group members were on hand to provide help and Owen Stevens organised the wooden posts to keep it off the ground. Once Huband Contractors move it to its final place on the field, the container will need painting. Calling out to anyone who can source paint and/or anyone who could be a part of the painting crew - please call the school. An application to Lotteries is underway to source funding for development of a track on the top level of the field.

### CONNECTED PATHWAYS

This group are investigating how to connect the village with pathways that will help people, particularly children, from crossing the state highway that runs through the village. Possible tracks identified are: from the showgrounds, passing by the new retirement village to the school and the village shops, finishing at the playground. Part of this pathway will be from the bridge (known as Slaters Bridge) to the playground. Members will

clear a path along the roadway and once complete, the group will scope how to carry on under the bridge to join up the pathway to access the shops and other pathways.

### MATAKOHE-PAPAROA CYCLEWAY

To date this trail has not progressed as it has not been possible to obtain permission to use private land on either side of the road between the Matakohe bridge and Wearmouth Road.

On the positive side Andrew Kennett (Heartland Cycle Trail) has made progress in gaining support from NZTA to improve the safety for cyclists on SH12 between Matakohe and Paparoa. We're not sure when and what form this will take.

The Twin Matakohe Bridge Cycle trail is getting a shared pathway down from the Matakohe Museum to the bridge, including signage. This will be constructed under the government's 'Shovel Ready Scheme' announced to boost economic recovery following the pandemic.

The connecting Cycle Pathway from Ruawai - Te Kowhai Road - Gallies Road is to be surveyed and, if we get funding the trail could be constructed next summer. Matakohe Community Group Inc. is working on this.

### SENSE OF PLACE

How to bring some art, history

and culture into the village and surrounds, inclusive of the shared pathways that will link locations around Paparoa? This group is investigating where murals, sculptures or other artwork could go; what themes there should be; where might seating be placed and how to tell some of the story of Paparoa to give us a stronger '**Sense of our Place**'. What sort of artwork would we like in Paparoa? Who could help bring these ideas to life?

If anyone has ideas or knows of artists who would be interested in being part of this project we'd love to hear from you.

Paparoa Connections Group  
[paparoa.connections@gmail.com](mailto:paparoa.connections@gmail.com)

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## Girls fundraiser challenge

From the 8-14 of June Miriam and Lillian Borger could be seen walking and running around Paparooa, Pahi and Ararua in their Hi Vis jackets.

They were taking part in Tearfund's 'Poverty Cycle Challenge' to raise money to help the 4.8 million people still trapped in forced commercial sexual exploitation around the world.

Miriam and Lillian walked 218km between them, the length of one of the commonly used routes for human trafficking from Keng Tung, Myanmar to Chiang Rai, Thailand.

It is estimated that 40.3 million people are trapped in slavery today and the money raised will go towards prevention, prosecution and rehabilitation across Thailand, Cambodia, Nepal, Fiji and Sri Lanka. To find out more go to [www.tearfund.org.nz](http://www.tearfund.org.nz)

When Miriam and Lillian's



plan was put on the Proudly Paparooa Facebook page the response was fantastic. The girls raised almost \$2,000 with over \$550 of donations coming from our local community.

You can still donate to this amazing cause by going to Mim and Lillian's sponsorship page:

<https://fundraise.tearfund.org.nz/fundraisers/MimandLillian/poverty-cycle>

## Queens Birthday Honours Don McKay

You may not be aware that one of Otamatea HarbourCare Society's founding members has been acknowledged in the Queen's Birthday honours.

Don McKay was one of the original signatories to our incorporated society application and committee member. I'm not saying that was the reason 😊 for his award but I think we can all take some pride in our association with someone who has been rightly acknowledged for his contribution to our local community in so many ways.

Taking the Maungaturoto pensioner units off Council's hands and growing them, establishing the medical centre out of the old post office, building the rest home, leading to the new dementia unit, it's pretty impressive what Don has achieved for us.

Congratulations Don from the rest of your community, and thanks.

Mark Vincent  
Otamatea HarbourCare

**g.a.s.**  
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## Request for all interested volunteers!

Do you enjoy interacting with people, would you like to spend a couple of hours a month to sit in a lovely peaceful space surrounded by art and craft.

White Rock Community Gallery needs you. We are looking for people to join our volunteers to man the Gallery for two hours per month, morning or afternoon.

At present we're open 11am to 3pm seven days per week. Due to several of our members moving out of the area, we find we have a few shifts a month unable to be covered. Full support and training to use the eftpos will be given to volunteer desk staff, and you wouldn't be left to cope on your own until happy to do so. It's an enjoyable way to spend a couple of hours, meet lovely people, both locals and visitors to the area, and to promote our awesome local area.

New members would also be very welcome, if you're a creator, we would love to talk to you!

If you are interested in either volunteering in the Gallery or would like to be a member and exhibit your work for sale, don't delay! Please contact:

Secretary Lorraine Littler  
09 439 2178 littler190@gmail.com  
or Chairperson Tina McCullough  
021 151 1567 crewb@xtra.co.nz

## Paparoa Library

Well everyone, we're back to normal opening days with a couple of tweaks to the hours.

**Tuesday** 11am - 4pm

**Thursday** 11am - 4pm

**Saturday** 10am - 1pm



The Returns Box at Skeltons is open again to leave your return books. Looking forward to seeing you all back at the Library

**DO YOU HAVE A COLD OR ARE YOU FEELING UNWELL?**

**Please do not come in to the library if you are unwell**

Ask our staff about our click & collect service if you would like us to select books for you

While It goes against the grain to ask people NOT to come in to the library, if you are unwell, we hope you will understand that we would rather you stayed home!

Give us a call about our click and collect service, or use the email address below and we can put a selection of books together for you.

Jas Futter  
Library Manager  
022 678 1474

paparoaibrary@gmail.com

## Eradicating local privet

Between weather events at the end of June, Otamatea Weed Group managed to squeeze in a working bee to clear the old school house property of privet on School House Lane.

Let us know if you have privet you need a hand with either in Paparoa or Pahi as seeds from every bush/tree spread quickly and people can be affected badly with allergic reactions to the flowers. We can help you get rid of it.



This VOLUNTEER group are determined to eradicate the pest weed, privet in our community. If you would like to join our volunteer group, phone Jacque Knight 021 488 822 or email jacqueline@rahui.co.nz

The next weed group working bee is Saturday July 25th, 9-12midday when we are starting on Pahi peninsula.

## The Show must go on

Opera North's 'Opera in the Garden' concert has been reborn after March's cancellation due to Covid-19.

To celebrate, come and join the Opera North chorus, children's group and, especially, international guest soloist Eliza Boom, supported by Kawiti Waetford.

The rescheduled concert will be held in the McKay Stadium(formerly ASB), Western Hills Drive, Whangarei



**Date:** 16 August at 2pm

**Tickets:** Adults \$40 - School age children \$15

Available at www.eventfinda.co.nz, the Hub and door sales

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**PLASTIC FREE** take up the challenge this July!



## Have I got a challenge for you!

I want you to give 'Plastic Free July' a go - it might be easier than you think.

Every year kiwis dispose of 1.76 billion plastic containers in their kerbside recycling or rubbish bins. 39% of this ends up in landfill as it's not recyclable or contaminated with food or other materials. At present in Kaipara we can only put clear plastic #1 and milk bottles #2 (not cream) out for collection. Everything else goes to landfill- that's coloured #1 and #3-#7.

Supermarkets are now collecting soft plastics again through 'Love NZ soft plastic recycling'. These are turned into fenceposts by Future Post, but I still reckon it's best to avoid them where possible.

Sending anything to landfill means resources lost forever.

### Here are a few ways you can reduce your plastic footprint.

\* Buy yourself a good quality reusable coffee cup and stainless steel water bottle, and ditch straws or buy yourself some stainless steel or bamboo ones. Then get into the habit of keeping your reusable items in the car.

\* Don't buy pre-packed fruit and veg- use your own reusable bags for produce.

\* Take your own containers to bulk bin stores like Bin Inn or Good Life in Dargaville - many supermarkets will also allow you to use your own containers at the meat, fish and deli counters.

\* Use beeswax wraps for school lunches - or there's even a compostable cling film available now.

\* Try using shampoo, conditioner and soap bars instead of the plastic bottled ones.

\* There are recycling programs run by terracycle.com/en-NZ for dental waste (toothbrushes, toothpaste tubes and floss containers), and for pens, highlighters, gluesticks, etc. The pen scheme is run in partnership with Bic and can be used by schools as a fundraiser.

If the thought of doing all those things feels overwhelming, just start with 1 or 2 and add more as you get into the swing of it and they become part of your routine.

There are also lots of online resources to help you and I'll talk more about that next month.

MB



## Lions project action

In the month of June a small group was spotted riding on the trailer behind Jim's tractor, venturing into the unknown on the Lion's Walkway from the Paparoa end.

Laden with materials and tools They reached their destination at the footwash station. From there it was a short walk along the track to the jobsites. The new boardwalk section was supervised by Jim; and the anti-slip adhesion team was just around the corner performing their own miracles in some trying circumstances. Musings and mutterings continued for the best part of three hours; butand nobody was more astounded than themselves at the achievements.

Another ongoing project is the firewood to raise funds for a new food caravan and for other support within our community. Men and machinery gathered forces at the wood pile by the dairy pavilion at the showgrounds. A 'ring-in' in the guise of Owen Stevens arrived to assist. Individual trailers were loaded accordingly with salvageable wood or rotten material to be dumped. All was taken to the new firewood depot and tipped accordingly. Then it was back to the showgrounds for morning tea and lovely fresh scones and jam.

Once again, mutterings, musings and mirth.

Lions next Dinner Meeting is the Change of Officers night on the 20th July.

For more information call Stephen Findlay, 431 6148



The bush walk is popular with visitors and locals alike

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## Starry starry night

Most of us enjoy moonlit nights, the mellow moonbeams casting interesting shadows and encouraging night life to be out and about. However, Paparoa newcomer Kerry Palmer does not. He can not wait for the moon to be wan so that the stars shine bright. The

darker the night, the greater the clarity of the stars.

Kerry has been wishing to get his escape from Auckland sorted for some time, twenty years or thereabouts. Escape from grid lock, but mostly the light pollution that hinders one of his greatest joys. Star gazing.

Moving to Paparoa has allowed him to establish a base from which he can develop his dreams. Our local light pollution is minimal, and that is what any star gazer loves.

He was first fascinated by the worlds above us when he was 7-8 years old and NASA Apollo 11 was sent to the moon. Kerry realised then how humans pale into insignificance beside the enormity of space.

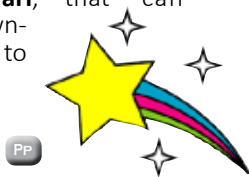
Binoculars were used in his early years to study the Milky Way, then as technology developed further and became affordable (China copying and replicating the best from Japan, USA and Germany), Kerry could manage to buy telescopes that enabled him to study the sky in greater detail.

He uses a smaller telescope at low magnifications to gain a wide vista of star clusters and nebula, beautiful but still more of an overview (the magnification of this scope is about 20 times that of the unaided human eye). Then he uses the telescope that is

as large in mirror diameter as the Auckland Stardome's telescope to zoom in for greater detail.

His favourite planet is probably Saturn with its spectacular system of rings made of particles of ice, only about 100 metres thick. Eta Carinae nebula is also a magnificent sight, looking like an exploded star. Storm clouds of white and grey swirl around the orange star at the centre. The Orion nebula floats in the sky like a giant winged bat in the constellation of Orion, outlining the pattern of stars that New Zealanders commonly call The Pot. (So romantic!) Knowing that even the closest star system to ours, Proxima Centauri, is an inconceivable 4.3 light years away really reinforces Kerry's realisation that humans are insignificant, but it keeps him studying the stars and he remains awed by their colourful beauty and distant mystery.

NB: for those who also would like to study the stars and gain a greater understanding of them, there is a free app, **Sky Safari**, that can be downloaded to your phone.



PP

## Driver mentors needed



Maungaturoto and Districts Rotary, in conjunction with Te Roroa and Roadsafte Northland are looking for more volunteer driver mentors for learner drivers.

Since the Rotary car was purchased and driving lessons provided for people who have their learner's licence and need to qualify for their restricted licence, the programme has been a great success. Approximately 80% of learners have passed their restricted on the first attempt- the norm is 20%.

However, because this is so popular, we now need more driver mentors. The requirements are not huge and the number of clients each mentor has is a matter of personal choice (as is the time that they make available.) Training is given. If you believe you can help in any way, please get in touch.

Eileen 021 142 0357

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## Know your eggs? James does!

Paparooa has a new business venture. James Borger, one of our young entrepreneurs, has set up an 'Eggs Direct To You' business for delivery of trays of eggs to your door. We were keen to find out more ...

**Paparooa Press:** Tell us about yourself James.

**James:** I'm 17 years old and lived in Paparooa pretty much all my life. In 2003 when I was just a month old, Mum and Dad moved to Paparooa and set up a large free range chicken farm with 12,000 chickens. I've worked on the farm since I could hold an egg. I've always loved chickens and wanted

to farm them for as long as I can remember. Being home schooled I could finish 'school learning' early and get out into the real world.

**PP:** Why do you want to set up your own business now?

**James:** The plan was that I would spend five months of this year in Europe working on free range chicken farms so I could bring such knowledge back to

NZ and set up my own business. My tickets were booked but then Covid-19 happened. So, I decided to get started now, share farming with my parents. I'm very conscious that these days people want to know more about where their food comes from and that the animals are raised ethically.

By selling locally and inviting customers to visit our farm on our open days people can come and see for themselves. Our website has more information and photos.

**PP:** Share farming, what's that all about?

**James:** Last year my parents decided to get out of chicken farming to concentrate more on their beef operation. When I couldn't go to Europe they gifted me their last flock of 1,000 chickens to get started. Now I own and manage the chickens while Mum and Dad own the land and buildings.

**PP:** What will the benefits be to your customers?

**James:** Customers can order a tray of 30 eggs direct from our website- familyfarm.co.nz.



James Borger with some of his staff

There are discounts for large and repeat orders. Removing the 'middle man' we pass on the savings with a high quality, affordable product delivered to your door free of charge. Tuesday is delivery day in Paparooa. Trays are \$18 (which is \$7.20 a dozen).

**PP:** Anything else to add?

**James:** Eggs are really versatile and full of protein, and because they are so fresh they will last up to six weeks. Plus by delivering directly to customers on our reusable and washable blue plastic trays we are looking after the environment, providing a great product within our local community.

And, all the while giving my hens a great life. That's got to be a win/win/win!

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## Greetings to all



So nice to see the rain, but there comes a point when there can be just too much. Today as I write, this is almost the case. However, we are grateful for it just the same.

It is disappointing that our great Covid-free record has been broken. We were doing so well, but we were told to expect more to appear. I know were all hoping that wouldn't come true but I guess it was inevitable.

### OUR CALENDAR FOR JULY IS AS FOLLOWS:

**Monday 6-** Fun & Games, Footprints Room, Anglican Church

**Tuesday 14** - Shopping trip to Whangarei (to be confirmed)

**Wednesday 15** - Chocolate Bingo (to be confirmed)

**Wednesday 22** - Shopping trip to Whangarei

The next **SENIORS' LUNCH** will be at the St John Hall, Maungaturoto on Wednesday 6 August.

For any information on any of the above please phone The Community House on 4319 080.

Take care of each other

From all at OCS,  
Hurndal St, Maungaturoto

## 'Volunteers' in the garden

Volunteers are most acceptable. But the ones I'm so happy with at the moment are not those wonderful people who give their time and energy for the local good, deserving as they undoubtedly are. My volunteers are the plants which just come up and grow in the garden without the formality of an invitation.

Some time in the late summer I became aware of a little clump of tamarillo seedlings. Tamarillos are too nice to be treated as weeds, so I did a think about where to plant them. Decided on a spot, ringed the area with old posts and filled the space with what I found decaying under a heap of rubbish. This stuff was too primitive to describe as compost, but it must have contained some goodies because the tamarillos are now taller than me.

And the volunteers?

Well I gained several clumps of spinach. I think it is the sort I got from Taonga gardens years ago. Half a dozen tomato plants of various pedigree thrived. There were fairly large juicy ones, a middle sized variety and one which



produced sprays of small but bigger than normal bite size fruit which is fairly firm in texture. A pumpkin filled the rest of the space and then explored the surrounds. Everything grew profusely while the veggies I had planted in my normal veggie patch turned brown, shrivelled and practised dwarfism.

There is a lot of good to be said for volunteers!

RS


## 'Morganics' at the market

The Paparoa Farmer's Market is a popular and regular event on Saturdays from 9-12noon at The Village Green. Amongst other new stallholders is Christine Yardley who is on-selling a premium organic garden fertiliser product that is proving to be really valuable.



Christine sells Morganics premium garden fertiliser

'Morganics' fertiliser comes with the BioGro 'input for organics' certification, being both hugely effective and environmentally friendly! Christine's husband Peter has been applying it to their garden with such good results that neighbours started to ask what the secret was and wanted to get some too. Now Christine is on-selling the product and is appealing to gardener customers to 'take a leap of faith' and try it, you won't regret it. Call Christine 021 101 9379 for pre-orders.

Take a look at Trevor Brijlevich's vegetable produce on sale at the market - he's using Morganics. And perhaps that's another reason why not many people can compete with that legendary (nearly 90 years old) gardener! Join us at the market, see you soon. 

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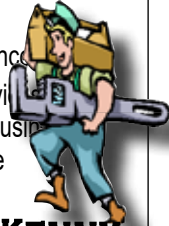
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Arrival of the bike track container



## Paparooa School

We are very proud of all our students as they have demonstrated our school values of 'Respect, Responsibility, and Resilience' over the past month at school, adjusting well to changes in the COVID-19 social distancing requirements. It has certainly been great to be able to play together again since we entered Level 1.

We were very excited with the delivery of our 40ft container, the next stage in the development of our school (and community) bike track. This school project is part of a much bigger community bike project headed by Paparooa Connections.

We've been training for our school cross country to be on Wednesday, July 2nd.

Term 2 ends Friday July 3rd with Term 3 commencing on Monday July 20th. Wishing everyone a safe and happy holiday period.

Julie Harper-Taylor

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## Paparooa School Memories

While we weren't able to celebrate Paparooa School's 150th Jubilee this year, I would like to share a memory from my time there.

I am very lucky to have had the privilege of being taught by Mrs McConaughy as although she was very strict, she was also a very caring teacher. In those days it was important for children to learn to sew and, once we had done our hand sewing on huckaback fabric we were allowed to choose what we could make next. We had a treadle sewing machine in our house and my sister and I had been sewing on it since we were quite young. Lovely Mrs McConaughy allowed me to make a pair of shorty pyjamas in class. They weren't perfect but I was so proud of my ten year old effort and I wore them for many years.

She also used to read us the 'Just so' stories by Rudyard Kipling which we loved.

We were so lucky to have had this teacher who trusted and believed in her students.

Stella



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## Meditation & the maharishi effect

At times when a group of people is feeling uncared about, unheard and like they don't matter it's really important to show support, love, care and empathy. Why?

Studies have shown that how we feel matters. Google search 'Maharishi Effect' for a study about how group meditation reduces crime rates and homicide. How does this work? All life is vibrational, and that goes for us humans too, it's in the food we eat, the media we consume, the thoughts we think and the emotions we feel; like antennas we transmit these frequencies.

During meditation we access higher thought patterns and emotions which are then transmitted out, one person can make a difference, and when there are more it's a powerful force. Each person entrains another to a better state of being, creating a stronger field that expands as more enter it. It's like a smile can brighten someone else's day but on a more subtle level.



The answer to difference, judgements and prejudices against anyone or anything is always a higher vibrational state of being such as peace, love, understanding and compassion. When we come to realise that everyone is doing their very best

they can and accept them as such - what is there to fight against any more, or to hate or destroy?

How can you raise your vibration to feel more love and peace? Do things you love, that make you smile and feel good. Meditation is really helpful. To help you access that state listen to Sound Journeys: [selfnurture.org/](http://selfnurture.org/) youtube. Send out your love to all the suffering in the world, especially to those affected by the Black Lives Matter campaign.

In bliss, Carrie

# Chocolate - truly DekadeNZ

The Kaipara really does have it all. Another boutique business is up and running. Husband and wife team, Paul and Andrea have set their new business up on the Pahi Peninsula and employ a local, expert chocolatier to produce their decadent delights.

Tatiana White, creator of delicious chocolate, is running classes for those of us who truly appreciate good chocolate. The classes of no more than four are being held every second week. The working kitchen has the distraction of a beautiful view of the inner harbour if the temptation to taste un-tempered chocolate becomes too much.

Tatiana teaches the tricky art of tempering the chocolate,

getting it to just that correct temperature and consistency, the use of a range of molds and the art of creating beautifully coloured designs on the chocolate creations.

The chocolatier students spend



Mel and Deb under Tatiana's expert tuition

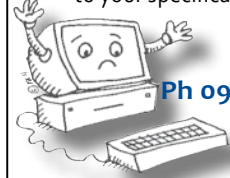


several hours engrossed in the finer details of chocolate making and then leave bearing the fruits of their labour. Gorgeous coloured and flavoured chocolates, Rocky Road bars, almond brittle, fudge, truffles and other yummy delectables.

For more information contact Tatiana direct on 021 230 8999

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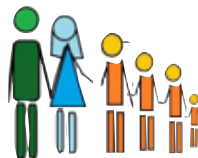
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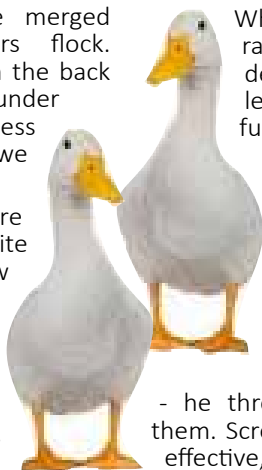
## From our family to yours Hijinks



After realising I haven't updated everyone on the ducks, here's the news: I don't know where they are.

Possibly they have merged with a neighbours flock. Possibly they are on the back pond only returning under the safety of darkness to eat the tidbits we leave out.

Possibly they are cursing the small white yappy dog who now takes prime position in the household, and who thinks it is his responsibility to yap at any living creature that dares step foot on the lawn. Never mind if this lawn is at someone else's house, he must yap from a distance. As the yapping echoes around the valley, now he is convinced another dog is also in distress, so he yaps more. At this point I roll my eyes, curse the small white dog, and vanish inside my house ...



Where a toddler is rampant, rapidly destroying what was left of my 'ghetto-chic' furniture, drawing priceless works of art upon walls and whiteware, and throwing toys. This is his new way of letting his brothers know he doesn't want to be looked at - he throws a toy train at them. Screeching is no longer effective, apparently, as everyone here is screeching and hoopla-ing, so Hudson takes it to the next level.

Those of you living in tidy, silent homes - be grateful.

Those of you who live in silent, tidy homes within ear shot of our home - I am sorry.

Have a great July everyone!

Jenny

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- Rosemary, pine needles, assorted plant greenery** - try different kinds to see what sort of pattern they make.
- Raffia, string, or a strong rubber band**

**HOW TO MAKE:**

Cluster the greenery into a bunch, and hold it at one end of the twig, with enough greenery next to the twig so you can wrap the string or rubber band around it. Easy peasy!

**Have fun painting with these natural brushes, and please send us a picture of your beautiful art!!**

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**Science Corner Pain**



The pain from arthritis, fibromyalgia and other undiagnosed causes is something we all hope to avoid. Currently pain is treated with various drugs - some with unpleasant side effects and sometimes they really don't give much relief.

Research has been on going into better ways of treating pain.

**THE PAIN PATHWAY:**

- Acute pain** is picked up by pain sensors
- Transmitters** - electrical signals are sent by axons- (nerve bundles)
- Received** - by the Dorsal Horn on the spinal chord
- Sent** to the somato-sensory cortex in the brain that registers pain.
- Information shared** with anterior cortex giving the emotional reaction of fear and anxiety
- Reaction** to pain by the prefrontal cortex- gives off signals to blunt the pain
- Descending pathway** - the signal to blunt the pain is sent back to the

Dorsal Horn (on the spine) and neurochemicals made by the body intercept and act as a break on the ascending signal on **step 3**.

**Opioid Drugs** work by stopping the ascending pain at **step 3** in conjunction with the body's beneficial response but may cause addiction with long term use.

**OTHER WAYS TO ALLEVIATE PAIN**

**Virtual reality** headsets - watching relaxing entertainment can dull the level of pain.

**Placebo effect** - if a pain sufferer truly believes a procedure will relieve pain it seems that the body activates the descending pathway (7) which will produce natural

opioids impeding incoming pain signals.

**A new procedure** of implanting tiny electrodes (called deep brain stimulation) is having some success in making life bearable for patients suffering from post stroke pain. This is still undergoing research.

Unfortunately chronic back pain is still not fully understood but research shows it is probably due to axon damage.

Hopefully other, and better ways to help sufferers will be found from future research and study.

Stella

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## July garden vegs & pruning

Although winter is now with us, it is reasonably mild, and the soil is still soaking up moisture after an extremely dry summer. My rapidly growing winter green crop of mustard and lupins which I sowed in April is now well over a metre high - completely covering the veg garden plots.

This year I've planted some of the winter staples such as spinach, beetroot, leeks, spring onions and straw onions in rough-sawn fork-lift pallets which were in surplus at the local Farmsource store at just \$2 each! I filled in the open sections with a shallow layer of road metal for drainage followed by a mix of compost and potting mix, (or you can use good topsoil). A strip of polythene pricked with small holes was attached over the open ends to prevent soil escaping.

A small veg patch at the edge of the flower garden is planted in broccoli, kale and silverbeet. So far so good, and I have started picking silverbeet and spinach. In any other vacant areas I intend to plant a few herbs.



Jan's productive winter pallet garden

Now is an ideal time to prune some deciduous fruit trees - except for the stone-fruit trees such as peaches, plums, nectarines which should have already been done in early autumn when the sap was still running. This leaves you to get on with doing your grapes and the varieties of pip fruits (apples and pears), plus the roses in the flower garden.

Pruning keeps trees and roses healthy by removing dead, damaged, diseased and criss-crossing branches which helps stop pests like woolly aphids and fungal diseases from getting established within. Pruning back to strong wood rejuvenates the plant, allowing branches to grow more vigorously as the sap has a shorter distance to the new shoots. It also opens up the tree/bush to increase airflow and provide easier access to bees resulting in increased pollination.

Choose a day that is fine and still, so the cuts will heal quickly. Some say "the best days are when your washing will easily dry outside". Ensure secateurs, loppers, and pruning saws are clean and sharp. Dipping these tools into a small container of methylated spirits regularly during pruning will help to ensure healthy, disease free and productive trees and bushes.

Cut on a slant slightly above and away from an outside bud to allow water to run off. Where roses are concerned, prune the branches back by 1/3 to ensure an open crown. A wire brush will remove any moss and flaky bark which may harbour pests and diseases. Take away all prunings and rake up any dead leaves, disposing of them well away from the garden. On completion of pruning apply a copperox/oil clean up spray on both trees and bushes as well as on the ground a short distance around the root base.

Jan R

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## I've been thinking about ... Auckland's water

When the Anti Auckland Brigade (AAB) start expressing their opinions I normally find myself defending the Jaffas.

Well I like Jaffas. And when they say, "I could never live in A..." I find myself telling them Auckland is a great city and when they start on the traffic I agree that the situation is pretty dire but, when you live there, you can choose your times and your routes to get from A to B and mitigate a lot of the trouble.

However the Aucklanders who

are whinging about water are bugging me big-time. Nothing else has shown the huge divide between big city and rural life. Country bumpkins like you and me knew that we were entering summer with a rainfall deficit. We have been twitchy about water from January at the latest. We have been forgoing the pleasure of watering gardens or lawns or washing cars or having huge baths or long showers, flushing toilets etc, etc. We have worried about the water in our tanks and dams and we have only too frequently seen the water trucks delivering this expensive commodity to those whose supply has failed.

We have acknowledged drought conditions and acted accordingly.

What did Aucklanders do? Well, I don't know on an individual basis but, collectively, they just coasted along as usual. Oblivious. Totally oblivious to the realities which connect us to Mother Earth.

Then, suddenly, half way through May, they discovered the drought that had been acknowledged by everyone else months before. They talked about restricting water use and then, eventually, they imposed restrictions. No moving early and strongly here in a crisis.

Then they began to find someone to blame. The authorities who should have done something. The RMA for not allowing access to more Waikato River water without due process.

Aucklanders do love a stoush. Let them fight. Let them not expect any special sympathy from those of us who understand the importance and value of water. We country bumpkins who store our own and are responsible and conservative in its use.

PS I am not a member of the AAB. Jaffas are great. They just need to stop moaning and build more dams.

RS



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## AI - Artificial intelligence

Artificial Intelligence is said in some places to be the new Industrial Revolution with China and USA leading the way.



I'm not sure I like the thought of robots or machines doing all the work for us.

There is something to be said for the satisfaction of completing a manual task that took a bit of physical effort (tasks like mowing the lawn or digging and planting at a garden!) Physical activity also helps to get rid of frustrations and feelings of worthlessness.

Much forestry work is now done by machines,

mechanics often have to replace computerised parts rather than solve the problem and who knows what else will be changed in the future.

Sure, builders, plumbers, farmers and other tradesmen still have the satisfaction of physically completing a job but many jobs are either becoming done by machines or the job has become sedentary or computerised.

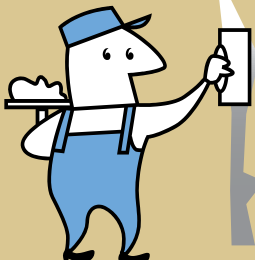
I think we all need to have the opportunity to solve problems and get active while doing so. Look what happens when eftpos goes down- all the shops shut!

No, maybe I'm old fashioned but I prefer to work with real people.

Stella

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Maungaturoto & Districts Rotary

## Rotary projects and sponsorship

In the short time we have been able to get back together there has been a great deal of discussion on the best way forward for our club.

We have discussed the type of projects we would like to be involved in and have decided we should focus more on getting alongside community groups. If you have any suggestions of areas that could be considered, please have a chat to any Rotarian (or call me, Eileen, 021 1420 357).

During June, several Rotarians visited Tinopai school to support our sponsorship of Duffy books. As sponsors we are part of a scheme started by Alan Duff about 25 years ago to ensure each student at a targeted school gets two

books to take home and keep. The scheme also provides books that can be given as prizes when certain values are attained. Overall the aim of the programme is to encourage young people to read.

On this day the children (and adults present) were thoroughly entertained by three recent graduates from drama school with a play about a mythical creature- a 'chogen' (part chicken, part dog and part hen.) This was very well done with minimal props and included constant references to books that were on hand.

We are very proud of our **Driver Mentoring** scheme which resumed mid June. We have a new mentor in the wings which is great as more people are seeking assistance to obtain their restricted licence. While each applicant must have their Learners' Licence there are no age restrictions. We must emphasise however, that the 12 or so lessons given make up only a small amount of the recommended practical driving practice between the two licences (120 hours).

At 'Changeover Night' on June 30th Rodney Tysoe has taken on the president's role for the ensuing year. While Rotary is an international organisation, it is always great to see how each president brings their personal touch to the Club. We look forward to the focus that Rodney will deem important.

He kura te tangata  
We are all precious

Eileen Parsons 021 1420 357

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## Paparoa Sports Pavilion

The sports pavilion has had a facelift with the first of a number of siloheutte figures on the outside walls. Thanks to all who helped create them.



On a less favourable note - the committee would be very pleased if whoever is doing the wheelies in the sports pavilion carpark would stop. Stones have been thrown up all around and it is wrecking the carpark surface. Security cameras will be recording license plates and we will be sending them to the Police for them to action.

Paparoa Sports and Rec

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## OUT & ABOUT AROUND TOWN

**Paparooa's changeable word sign** is now being managed by Graham Marks who has taken over from Graham Murray. For all community notices contact him on 431 7545. It's a cost of \$5 for casual one-off notices or organisations can pay \$25 for a 'year's subscription'.

**A shout out** to our dedicated rural mail people. A special thankyou for your dedicated and caring support during lockdown. So many people appreciate you (then & now)!

**Next Paparooa Connections Workshop** will be on August 2 2-4pm at the Sports Pavilion. Everyone is welcome (see page 5 for an update on projects) For further information

**REMEMBER!**  
Either way - it's 20k



when you pass a school bus that's picking up or dropping off.

contact Libby at paparooa.connections@gmail.com

**July is Plastic free month.** Can you make a personal difference to your plastic wastage?? (see article page 8).

**There's a second hand shop coming to Paparooa** - keep an eye open for what's happening - when and where??

**Unfortunately the family tennis** on Saturday afternoons is not happening due to lack of interest, but is still held on Weds mornings at 9.30.

**SUPPORT LOCAL!!**

**Celebrate mid winter** with the Xmas special at Paparooa Hotel on the weekend of July 24/25 or join the Thursday pool club. See the adverts pages 4 & 12.

**Skelton's annual winter sale** is on for the entire month of July. Robyn has some amazing specials on offer. Be in or miss out! See advert pg 7.

**And of course keep up your support** for Ladies mile, Shop & Brew, Country Cutz, Zest, The Dairy, Village Caff, Lifestyle Autos, Paparooa Store, etc etc...

## Circus Kumarani Mataraki Show

Circus Kumarani's Mataraki show will be held at 15 Onslow Street Dargaville from 4-8pm on the 18th July. Experience youth talent, music and fire performance. It's a chance for community to gather together and celebrate.

Market stall holders and extra acts for the show are welcomed. For details contact admin@circuskumarani.co.nz

Note: the previously publicised free school holiday programme in Paparooa has been cancelled due to lack of interest - for ages 11+ with lessons in a range of circus skills, games and craft activities. Perhaps next time people??



## Maungaturoto OP Shop

### Public Meeting

11am Thursday  
9th July

Footprints Room  
Anglican Church  
Maungaturoto

ALL WELCOME

## North Kaipara Agriculture Association NKAAGM



### AGM

2pm Saturday  
4th July 2020

Sports Pavilion  
Paparooa

ALL WELCOME

R. Webb, Secretary

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## A reminder to advertisers & contributors

Please ensure that all advertising material is sent to the editor before the 15th of the current month and that all copy is in by the 20th, to ensure the next edition for each month's edition is ready to be distributed in time!

## Arty Farties Inc AGM

15th July

7pm Wednesday

Sports Pavilion  
Paparooa

ALL WELCOME

S. Skelton, Secretary



# LATTO

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## WHAT'S ON - JULY 2020

**The Kauri Museum** open 7 days, annual passes available for Otamatea residents  
**Ngā Taonga, Te Hononga Tāngata** - The treasures that bring our people together  
**Creating with Kauri Exhibition** - Jewellery - 12 Jun-30 Sept  
**School Holiday Clay Modelling Workshop** Weds 8 & 15 July 10 - 2  
**Photography & National Poetry Day Competitions** details front page  
**Arty Farties Inc AGM** Weds 15 July 7pm, Pap Sports Pavillion  
**North Kaipara Agriculture Assoc (NKKA)AGM** Sat 4 July, 2pm, Pap Sports Pav.  
**Maungaturoto Op Shop** Public meeting 9 July, 11am Footprints Room, Anglican Church, Mgto  
**Connections Paparoa** Next meeting 2 August Paparoa Sports Pav

### REGULAR EVENTS, MEETINGS AND ORGANISATIONS

**Anglican Church St Marks** 1st, 2nd & 4th Sundays 10am, Hook Road, Paparoa  
**Arara Church** 10.30am every Sunday. All welcome Ph 431 6622  
**Art Studio, Ruawai** Wed 10-12noon ph Frances 439 2554  
**Arty Farties** Thur/Fri/Sun at the Community Gardens Sundays 10am to 2pm;  
**Badminton** Thursdays 7pm Paparoa Hall \$2 students, \$3 adults, Pete 431 6822  
**Exercise to Music** Tue 10.30am Paparoa Hall \$5 Ph Rose 431 7418  
**Farmers' Market** Every Saturday 9-Noon, Village Green, Graham 027 475 4490  
**Grey Power** Last Wed in month, 1pm, Anglican Church Hall, Mgto  
**Kaipara Marching Team** Weds 4-5.30pm, Mgto, Ph Rose Plunkett 431 7418  
**Line Dancing** Thurs 10am-noon Paparoa Hall Ph Rose 431 7418  
**Mainly Music** Wed 9.30am Paparoa Comm Church, Lynaire Porteous 431 7520  
**Matakohe Garden Circle** 1st Weds each month, 1pm, J Mackinnon 431 6689.  
**Maungaturoto Opportunity Shop** Open Mon 10-1pm Wed 10-3pm Fri 10-3pm  
**Maungaturoto and Districts Rotary Club** Maungaturoto Centennial Hall,  
 Tuesday evenings 6pm, Ph Stella 021 149 0877

**Otamatea Quilters** 1st and 3rd Mon month 10am, Paparoa Hall 09 439 2262  
**Outdoor Bowls** Maungaturoto Green Ph Tony 431 6026 or Brian 431 6884  
**Pahi Hall** available for hire Ph Tina 431 7411  
**Paparoa Community Church** 10.30am every Sunday, 4 Hook Road 431 7106  
**Paparoa Garden Circle** 2nd Wed of month Marg Bailey secretary. 09 280 9897  
**Paparoa Hall** Functions venue Ph Robyn 431 7306 or a/h Loraine 431 7290  
**Paparoa Library** Tues & Thurs 11am-4pm, Saturday 10am-1pm  
 Manager Jas Futter 022 678 1474. Returns Box at Skeltons  
**Paparoa Lions** Dinner Meetings 3rd Mon in month 6.30pm, Sports Pavilion  
**Paparoa Playcentre** Tuesday and Thursday 10am-1pm Visitors Welcome  
 Ph Kirstin 431 7373 txt 021 525 425 or Jane 431 6148 paparoa@playcentre.org.nz  
**Paparoa Primary School** Term 1 Jan 28 - Apr 9, Term 2 Apr 27- Jul 4. 4317379  
**Paparoa Toy Library** Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330  
**Paparoa Volunteer Rural Fire Force (VRFF)** 1st and 3rd Tuesday of the month  
 6.30pm Depot Rd ph Cohan 431 6668  
**Plunket Ready Steady Wriggle** Mon 10am Sports Pav. Tina Ball 021 033 5128  
**Selwyn Centre** Thurs 9.45am for over 65's, St Marks, Hook Rd, Ph Sue 431 6224  
**Sports Pavilion** Functions Venue Bookings ph Jane Bailey 431 6148  
**St Mary's Catholic Church** 10am Wed, 4pm Sunday, Maungaturoto  
**Table Tennis** Tues 7.30pm, Sports Pavilion \$2 Pete 431 6822  
**Tennis** Mid week - Wed 9.30am Ph Sue 431 6224, Pete 431 6822  
**White Rock Gallery** Open at The Kauri Museum 7 days 11-3pm ph 021 0267 8241  
**Yoga Chair Yoga** - Tuesday 10am Paparoa Sports Pavilion  
 Monday: 6pm Mgto Centennial Hall: Tuesday 5pm Matakohe Hall  
 Thurs 10am Mgto Centennial Hall. ph Jenny 021 114 3370

PLEASE UPDATE US WITH YOUR DETAILS: [press@paparoa.org.nz](mailto:press@paparoa.org.nz) 

## HOOK, LINE & SINKER

Wow, the fishing is amazing for this time of the year.

There are plenty of snapper, kahawai and even a few Gurnard.

They're good sized fish; good for smoking.



Happy Fishing

## Paparoa Press CLASSIFIED ADVERTISING

**Fresh homegrown veges & herbs Weekly**  
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## LOCAL TIDES for July 2020

JULY TIDES - CALCULATED for PAHI-WHAKAPIRAU

DATE	LOW	HIGH	DATE	LOW	HIGH
1st	13.26	7.21	17th	14.32	8.26
2nd	14.31	8.29	18th	15.20	9.20
3rd	15.26	9.29	19th	16.03	10.07
4th	16.15	10.21	20th	16.45	10.50
5th	17.01	11.08	21st	17.25	11.32
6th	5.26	11.52	22nd	18.07	12.14
7th	6.09	12.34	23rd	6.32	12.56
8th	6.51	13.14	24th	7.18	13.41
9th	7.33	13.54	25th	8.06	14.28
10th	8.15	14.36	26th	8.55	15.18
11th	8.57	15.20	27th	9.47	16.13
12th	9.41	16.07	28th	10.39	17.07
13th	10.28	16.58	29th	11.31	18.01
14th	11.21	17.58	30th	12.23	6.35
15th	12.24	6.16	31st	13.15	7.30
16th	13.33	7.22			

## Community Directory

EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

### COAST TO COAST HEALTH CARE

Maungaturoto Medical Centre: 8am-5pm Mon-Fri .... 09 431 8576  
 Paparoa Clinic: Open Tues and Thurs 8am-5pm..... 09 431 7222  
 For urgent after hours medical service (Wellsford)..... 09 423 8086  
**DISTRICT NURSE** Dargaville Hospital ..... 09 439 3330  
 Healthline - 24 hour service..... 0800 611 116  
**HOSPICE KAIPARA** Dargaville Hospital ..... 09 439 3330  
**KAIPARA DISTRICT COUNCIL** Helpline ..... 0800 727 059  
 Mangawhai Office..... 0800 100 388  
**KAIPARA PHYSIOTHERAPY** Lyndsay Bargh/Lynne Rhodes...09 4391656  
**LINKING HANDS** Health Shuttle Service, Maungaturoto.09 431 8969  
**LIONS CLUB PAPAROA** Secretary Mark Pilkington .....09 431 7369  
**MAUNGATUROTO PHARMACY** ..... 09 431 8045  
**MAUNGATUROTO REST HOME** ..... 09 431 8696

**NKT RECYCLING** Huarau Road 10am - 2pm Tues-Sat..... 09 431 8304  
**OTAMATEA COMMUNITY SERVICES** Community House 09 431 9080  
**PAPAROA LIBRARY** Free Membership. Contact .....Jas 022 678 1474  
 Tuesday and Thursday 11am-4pm  
 Saturday 10am-1pm  
**PAPAROA PLAYCENTRE** ..... paparoa@playcentre.org.nz  
**PAPAROA PLUNKET** .Plunket Nurse Louise 027 2823987 or 09 438 2508  
**PLUNKET** Helpline ..... 0800 933 922  
**PAPAROA PRIMARY SCHOOL** ..... 09 431 7379  
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**PARENT PORT Inc.** free help for families Linda ..... 09 425 9357  
**PODIATRIST / FOOTCARE** Jayne Short ..... 022 542 0477  
**YOUTH & WHANAU FOCUS** South Kaipara, Rose .....09 431 7418

# From drought to rain, lots of it!

We sure had a bit of rain towards the end of June, particularly on the 24th.

Taipuha recorded 53mm in 24 hours which saw hundreds of acres of pasture, fences and streams disappear under the flood waters.

Much of the land in this area was once covered in flax, kahikatea and kauri forest which was milled in the late 1800's and early 1900's. This loss of vegetation has caused low lying land to become flood plains in extreme rain events as we have recently been experiencing.

The road through this particular spot (as in the photos) is built up high above the natural ground level with a 60m long bridge over the usually narrow stream.

At least our tanks will be full!



## 5 Questions for Sean Blaize Vincent

**How long have you been in Paparooa?** *My wife and family moved into Paparooa 18 months ago, in January 2019.*

**What brought you to the area?** *The opportunity to take up a new job with accompanying change of lifestyle from urban to rural.*

**What do you do here?** *I am the hotel manager at Paparooa Hotel.*

**What do you like about the area?** *I love being able to meet and socialise with the locals - connecting with people - people who are here for each other. I love the rural atmosphere.*

**What things you would like to see happen here?** *More community social events. I'd love to see live shows and music and especially more entertainment for the kids - events like shows, fairs and bands playing.* PP



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